

Bio-Data



Name : **Dr. Nice Mary Francis P**
Designation : Asst Professor in Psychology, Prajyoti Niketan College ,
Pudukad , Thrissur(Dt) , Kerala -680301
Department : Psychology
Experience : 18 years
Date of birth and Age : 28/05/1979; 40 years
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Academic Qualification

Course	Institution /year of study	Marks in percentage	
B Sc Psychology	Prajyoti Niketan College, Pudukad 1996-1999.	77.5%	
M.A Psychology	Dept of Psychology, Bharathiar University, Coimbatore 1999-2001.	69.4%	
UGC- NET	Dec 2000	PASS	
Ph. D in Psychology	Dept of Psychology, University of Kerala, Thiruvananthapuram, Kerala	In December 2013 Awarded	Psychological and Neuropsychological Correlates Of Specific Learning Disability- An Exploratory Study

1) Experience as Research Guide (with details): Research Dept Of Psychology ,Prajyoti Niketan College , Affiliated To University of Calicut .

(a) Ph.D. produced: Nil

(b) Ph.D ongoing: 3 scholars

2) Projects completed

UGC Sponsored -Minor research project-'Prevalence and Psychological Correlates Of Scholastic Backwardness In School Students'-1670/MRP/14-15/KLCA056/UGC-SWRO-amount 130500/-in the year 2016-18.

3) Resource person in seminars/ conferences

1) Resource person in one day international conference on Enhancing Psychological Well-Being Across Human Life -Span, Anugraha Institute Of Social Sciences, On 3rd February 2017

2) *Resource Person* in national level workshop on 'Life Skills For Women, organised by women cell of Ayya nadar Janaki Ammal college, sivakasi, Tamilnadu on 28th sep 2018

3) *Resource Person* in international level seminar on 'the role of community psychology research in youth development, organised By Rajagiri College Of Social Sciences, Kalamassery ,On 10th July 2018

4) Administrative experience

Chairman, Board of Studies in Psychology (UG) Calicut University (2020 onwards)

University Nominee Member, Board of Studies in Psychology (UG), St Joseph's Autonomous college, Irinjalakuda(2019 onwards)

Member, Board of Studies in Psychology (UG) Calicut University (2017-2020)

Member, Board of Studies in Psychology (UG), St Joseph's Autonomous college, Irinjalakuda(2016-2019)

5) Membership in Academic/ Professional Bodies

1. Life member, Indian Science Congress Association, Calcutta
2. Life Member, Kerala Manasasthra Parishat, Academic and Professional Body of Psychologist in Kerala.
3. Member, Board of Examinations, M.Sc. Psychology programme, Sree Sankaracharya University, Kalady
4. Member, Board of Examiners, B.A. subsidiary Psychology examination, Calicut University
5. Member, , Board of Examiners for the B Sc/M.Sc. Programme in Psychology, Kerala University
6. Resource person for the preparation of BA/B.Sc. syllabus for Psychology under the New Credit and Semester pattern implemented in Calicut University
7. Member, Question paper setting Board for B.A Psychology examination, Kerala University.
- 10 Member, Board of Examiners, B Sc/ M Sc Psychology examination, Various Autonomous Colleges in Kerala

6) Publications (with details)

(a) Books: Nil

(b) Papers - as given below.

1) “ Psychological predictors of Migraine: An Exploratory study among Migraineurs and non Migraineurs,” Dr Nice Mary Francis P & Aparna Suresh, ***Journal of Indian Health Psychology*** , ISSN :0973-5755;Vol.13 ,no-2,march 2019.

2)“Memory impairments in children with specific learning disabilities”, Dr Nice Mary Francis P & Dr. Immanuel Thomas, ***Journal Of The Indian Academy Of Applied Psychology*** ‘ ISSN no 0019-4247, Vol 41, No -1, Jan 2015

3) ‘Comparative study of self esteem and adjustment of children with and without learning disability’, ***Education at the crossroads – A peer reviewed journal*** – ISSN No 2320-0316, Jan –Dec 2012. Page No 218-221

4) ‘Intelligence and memory performance in scholastic backwardness’., ***Education and Development– A peer reviewed journal*** – ISSN No 2320-3684, Jan- Dec 2012.,Page 190-194.

5) ‘Reading skill defects in English among children with dyslexia’. ,“21st Century Learners: Learning styles and Strategies” ***Proceedings of the 8th International and 44th Annual ELTAI conference*** – ISSN No978-81-908397- 9-2, 18th to 20th July 2013.

6)‘Executive Functional Deficits in Children with Specific Learning Disorders’., Published in the ***Proceedings Of 26th Kerala Science Congress*** held at Wayanad, KERALA On 26th-30th Jan 2014.

7)‘Impact of home environment on adolescent value development’., Nice Mary Francis P & Sujisha T G Published in the ***Proceedings Of UGC National Seminar On Ethics And Values*** held at Dept of Psychology, Sree Sankaracharya university Of Sanskrit Kalady, KERALA On 08th Jan to 12th Jan 2008.

8) ‘A study on Locus of Control And self esteem among Adolescents’., Nice Mary Francis P & Tara K Thankachan, Published in ***The Proceedings Of UGC National Seminar On Child Development*** held at Dept of Psychology, Sree Sankaracharya university Of Sanskrit Kalady, KERALA On 22nd Feb to 24th Feb2012.)

6) Participation & Paper Presentations in Courses/ Seminars/ Workshops.

(a) International Seminars

: 2

(b) National + Regional Seminars : 20

1. ***Differences in learning styles-a deeper insight into the problem*** ,in the one day international conference on trends and innovations in Science ,Arts And Commerce,held at **St Mary's College Thrissur , on 29th January 2019**
2. ***Level of resilience and life satisfaction in connection with creativity among undergraduate students of Thrissur*** ,in the two day international conference on management and allied sciences, organized by dept of commerce, , PRAJYOTI NIKETAN COLLEGE,PUDUKAD,ON25th and 26th OCTOBER 2018
3. ***Study on anxiety and decision making among adolescent males and adolescent females*** ,in the one day national conference on "emerging trends in Psychology" held at **Yuva Kshetra collegeEzhakkad,Palakkad , fron 1-3rd August 2018.**
4. ***A study on influence of playing violent video games on aggression, stress, anxiety among UG students.*** In the one day national conference on "emerging trends in Psychology" held at **Yuva Kshetra collegeEzhakkad,Palakkad , fron 1-3rd August 2018.**
5. ***Creativity resilience, and life satisfaction among undergraduate students,*** . In the one day national conference on "emerging trends in Psychology" held at **Yuva Kshetra collegeEzhakkad,Palakkad , fron 1-3rd August 2018.**
6. ***A Comparative study of the psychological well –being and self esteem between psychology students and students from other streams at the degree and post graduate level,*** in one day international conference on Comtemporary Technologies:Prospects And Challenges For Psychological Well Being, Anugraha Institute Of Social Sciences,On 6RD JANUARY 2018
7. ***Scholastic backwardness in high school students-A explorative study*** –in two day national seminar on Assessment and management of intellectual, learning, and developmental disabilities held **At Research And Post Graduate Dept of Psychology, Union Christian College Aluva, ON 9TH AND 10TH FEBRUARY 2017**
8. ***Memory and Attention of scholastically forward and backward children*** . -in one day international conference on ENHANCING PSYCHOLOGICAL WELL-BEING ACROSS HUMAN LIFE -SPAN, **Anugraha Institute Of Social Sciences,Dindigal ,ON 3RD FEBRUARY 2017**
9. ***A study on student engagement and emotional competence among academically bright and weak adolescent school going children.-,*** in one day

international conference on ENHANCING PSYCHOLOGICAL WELL-BEING ACROSS HUMAN LIFE -SPAN, **Anugraha Institute Of Social Sciences**, Dindigal on 3RD FEBRUARY 2017

- 10. A comparative study of social maturity of students with autism spectrum disorders in both inclusive and exclusive schools.** -in one day national seminar on Re- Mapping The Psychodynamics Of Depression held at Dept of Psychology, Prajyoti Niketan College, PUDUKAD, ON OCTOBER 11TH 2017
- 11. Ethics and psychological well being among political leaders in Kerala .** -in one day international conference on LEADERSHIP FOR SUCESS, held at **Rajagiri College Of Social Sciences, Kalamassery** ,ON 14RD NOVEMBER 2017.
- 12. Cognitive functional analysis of alcoholics and non- alcoholics**, presented by Nice Mary Francis P & Noble Chacko at two day national seminar on “Counseling and Psychotherapy, sponsored by UGC, at Prajyoti Niketan College on 5th and 6th December 2014.
- 13. Depression and anxiety among orphans and non-orphans** , presented by Nice Mary Francis P & Anakha K at two day national seminar on “Counseling and Psychotherapy, sponsored by UGC, at Prajyoti Niketan College on 5th and 6th December 2014
- 14. Mental Health and Marital Adjustment Among Married Women.** Presented In The UGC Sponsored National Conference On Enhancing Psychological Well Being (NCEPW-14) Organized By Dept Of Psychology Bharathiar University, Coinbatore.20-21 February 2014.
- 15. A Study on Achievement Motivation and Adjustment Among Delinquent Adolescence.** In UGC Sponsored National Conference On Enhancing Psychological Well Being (NCEPW-14) Organized By Dept Of Psychology Bharathiar University, Coinbatore.20-21 February 2014.
- 16. Impact of Parental Behavior And Family Environment on Self Esteem And Adjustment Of Learning Disabled Children And Non Disabled**, In National Conference On Socio Cultural Prospects Of Positive Psychology In India,

Organized By Little Flower Institute Of Social Sciences And Health(LISSAH),
Kaithapoyil P O ., Kozhikode, Kerala On 23th To 25th January 2012.

17. *Scholastic Backwardness: A Deeper Insight into Their Executive Functioning.*

In National Conference On Socio Cultural Prospects Of Positive Psychology In India, Organized By Little Flower Institute Of Social Sciences And Health(LISSAH), Kaithapoyil P O ., Kozhikode, Kerala On 23th To 25th January 2012.

18. *Neuropsychological Factors Related To Scholastic Backwardness –An Exploratory Study,*

In UGC Sponsored National Seminar On Neuropsychology: Challenges And Possibilities Held At Prajyoti Niketan College, Pudukad On 19th To 20th August 2011.

19. *Executive Functions Of The Learning Disabled-An Analytical Study* ,

In UGC Sponsored National Seminar On Neuropsychology: Challenges And Possibilities Held At Prajyoti Niketan College, Pudukad On 19th To 20th August 2011.

20. *Human Right Issues In Privatization Of Higher Education,*

UGC Sponsored National Seminar On Human Rights And Social Development Organized By Dept Of Social Work. Sree Sankaracharya University Of Sanskrit, Kalady On 12th To 13th January 2008.

21. *Self Esteem And Adjustment In Children With Specific Learning Disability* ,

In National Seminar On Challenges And Perspectives On Mental Health Held At Prajyoti Niketan College, Pudukad On 5th Dec 2008.

22. *Privatisation Issues In Higher Education- A Psychological Perspective,*

UGC Sponsored National Seminar On Privatisation Of Higher Education Organized By Dept Of Commerce M. E. S Asmabi College P. Vemballur On 6TH To 7TH March 2007.

23. *Classification Of Schizophrenia In Ayurveda And Psychology* ,

International Seminar On Textual Tradition Of Ayurveda Organized By Deptvyakarana., Sree Sankaracharya University Of Sanskrit, Kalady On 15th To 19th 2007.

24. *Psychological Problems Of Elderly.,*

National Seminar On Empty Nest Syndrome- A Growing Concern Of Elderly In Indian Community, Morning Star Home Science College, Angamaly, On 26th To 27th Novenber 2009.

7) Training/ Refresher Courses attended

- 1) Orientation programme, At UGC Academic Staff College, **University of Kerala** on 4/3/2010 to 31/03/2010
- 2) Refresher course – UGC Sponsored Special Summer School- at Academic Staff College, **University of Calicut**, on 17th April to 7th May 2013.
- 3) Refresher course in social sciences (ID) conducted by UGC- Human Resource development centre, **Bharathiar University** Coimbatore on 17 may 2018 to 6th june 2018
- 4) Short –term course **in gender – sensitization** conducted by UGC-Human resource development centre, **University Of Kerala, Thiruvanthapuram** from 21-29th Dec 2018
- 5) workshop on Redesigning of courses for outcome based education (OBE) ,organized by Kerala state higher educational council for the Board of studies of Undergraduate programmes of Calicut university from 12th to 14th February 2019
- 6) National Workshop on MOODLE At Prajyoti Niketan College, Pudukad, on 19th January 2019

8) Extension work/ community service in college

- NSS Co- Co-Ordinator
- Assistant superintendent of university examinations
- Co-Ordinator, Add-on course Counseling Program
- Member of counseling cell
- Member of Internal Quality Assurance Cell committee
- Member, Fine Arts Committee
- Member, Ethics Committee
- Co-Ordinator, Women cell
- Co-Ordinator, UGC Coaching

9) Efficiency as organizer, details of programs hosted.

Organizing Secretary of the regional seminar on Management of Learning disability

sponsored by Kerala state higher education council, Thiruvanthapuram on 15th Feb 2013.

10) Contribution to the general welfare and growth of the institutio/society

- Talk on ***Mental health***, at BVM Higher secondary school, kalparaba, Aripalam, on 7th dec 2017
- Talk on ***happy learning*** , at Govt Vocational Higher secondary school, Puduakd, on 15th jan 2018
- Talk on ***Learning skills***, at St Marys College Thrissur , on 7^{14h} Jan 2019 and also on 29th Jan 2019.
- Govt Arts & Science College, Kozhinjampara, Nattukkal. – delivered a lecture on ‘***role and significance of mental health in learning process***’ in connection with the programme walk with scholar on 16/02/13.
- Resource Person In One Day Workshop On ‘Adolescence Issues And Intervention’ Held At Christ King Higher Secondary, Pavaratty, and Thrissur On 16th Jan 2014.
- One day regional seminar on “ transforming Malayali Family- contemporary experiences, sponsored by Directorate of collegiate education , Govt of Kerala, at Govt college, Kuttanellur, Thrissur on 11/11/14 on the topic mental health in current scenario.
- Talk on Drug abuse at St. Xavier’s Convent U. P school Pudukad
- Talk on Study habits at CJM Assumption Higher secondary School Varandarappilly.
- Talk on adolescent problems to plus two students at St. Joseph Higher school ,Melloor
- Talk on drug addiction at Divine institute of deaddiction at Muringoor
- Talk on Study habits at MAMHS school Koratty .
- Talk on Study habits at PSHS School Thirumudikunnu .
- Chaired a session on “recent focus on counseling and psychotherapy” at two day national seminar on “Counseling and Psychotherapy, sponsored by UGC, at Prajyoti Niketan College on 5th and 6th December 2014.

I hereby acknowledge that the above facts are correct to my knowledge and belief.