

D 10698

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Name.....

Reg. No.....

## FIFTH SEMESTER U.G. DEGREE EXAMINATION, NOVEMBER 2021

(CBCSS—UG)

Psychology

PSY 5B 05—HEALTH PSYCHOLOGY

(2019 Admissions)

Time : Two Hours

Maximum : 60 Marks

## Section A

*Answer at least **eight** questions.**Each question carries 3 marks.**All questions can be attended.**Overall Ceiling 24.*

1. GAS.
2. Bio-medical model.
3. Mind body Relationship.
4. Protection Motivation Theory.
5. Fight-Flight response.
6. Stress and coping.
7. Tend-Befriend.
8. Define Health Psychology.
9. Life stressors.
10. Health-habit attitude change.
11. Individual counselling.
12. Health behaviour.

(8 × 3 = 24 marks)

Turn over

**Section B**

*Answer at least **five** questions.*

*Each question carries 5 marks.*

*All questions can be attended.*

*Overall Ceiling 25.*

13. Explain Biopsychosocial model.
14. Describe management of terminal illness in children.
15. What is the issue of non-traditional treatment ?
16. Explain the moderators of coping with stress.
17. What are Social Cognitive theory and Attribution theory ?
18. What are stages of adjustment to dying ?
19. Explain the emotional responses to chronic illness.

(5 × 5 = 25 marks)

**Section C (Essay Type Questions)**

*Answer any **one** question.*

*The question carries 11 marks.*

20. Define Health Psychology and need and significance of health psychology.
21. Define stress and explain theoretical contributions to stress and stress management programmes

(1 × 11 = 11 marks)