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(Pages : 2)

Name.....

Reg. No.....

FIFTH SEMESTER U.G. DEGREE EXAMINATION, NOVEMBER 2021

(CBCSS—UG)

Psychology

PSY 5B 04—PSYCHOLOGICAL COUNSELLING

(2019 Admissions)

Time : Two Hours

Maximum : 60 Marks

Section A

*Answer at least **eight** questions.*

Each question carries 3 marks.

All questions can be attended.

Overall Ceiling 24.

1. Define Counselling.
2. Mental illness.
3. Counter transference.
4. Insight.
5. Slip of the tongue.
6. Therapeutic alliance.
7. Predispositions.
8. Ethics of counselling.
9. Client resources.
10. Unconditional positive regard.
11. Intervention.
12. Probing.

(8 × 3 = 24 marks)

Turn over

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Section B

*Answer at least **five** questions.*

Each question carries 5 marks.

All questions can be attended.

Overall Ceiling 25.

13. Skills of a counsellor.
14. Forms of poor listening.
15. Objectives of counselling.
16. HIV counselling.
17. Professional codes.
18. Reflecting method.
19. SOLER method.

(5 × 5 = 25 marks)

Section C (Essay Type Questions)

*Answer any **one** question.*

The question carries 11 marks.

20. How to conduct group counselling ?
21. Bring out the essentialities of client centered counselling.

(1 × 11 = 11 marks)