## **COLLEGE REPORT 2019-20**



It is with immense pleasure and great gratitude that I present before you the **25<sup>th</sup> Annual Report** of the College activities of the academic year 2019-20. As you know, the Prajyoti Niketan Family consists of the Manager, the Principal, the Teaching & Non-Teaching Staff, Well-Wishers, Parents and Students. Our College is run by **Christian Charitable Society** and has been reaccredited with **'A' Grade** by the NAAC.

# **Courses & Programmes**

We have **five aided Under-Graduate** Courses **and one aided Post-Graduate** Course along with a **Research Centre** in **Psychology.** Besides, we have been conducting very successfully **four UGC sponsored Add-on Programmes**, such as **Communication Skills in English, Counseling Psychology, Web Technology** and **Yoga & Health Care**. We also conduct Kerala Government sponsored **ASAP, WWS** and **SSP programmes.** The coaching programmes like **UGC NET, Bank** and **PSC** are being conducted in our College in association with **IMS** and **TIME** Thrissur. All these programmes provide opportunities for our students to pursue their studies as per their interest and aptitude.

### **Staff & Students**

There are **33 teaching staff** members including **24 permanent** & **09 Guest** Lecturers, **18 non-teaching staff** members including **17 permanent** & **01 temporary staff**. The following non-teaching staff are appointed in the office during this year- Mrs Neethu Anto as LD Clerk, Mrs Jini K J as Store Keeper, Mrs Franics Fioona as Computer Assistant, Mrs Reshma Babu and Mr Albin Sunny as Office Attendants. At present, the College has a total strength of **636 students** including

**172 male** and **464 female** students. There are **12 Research Scholars** in the department of Psychology.

### Retirement

Mr Dor Bahadur B C, Lab Assistant retired from the service of the College on October 31 2019. Dr Sandhya E, Head of the Department of Statistics, Dr Paul Chacko, Head of the Department of Physical Education, Dr Joju K T, Associate Professor of Mathematics and Coordinator for the Department of Commerce, Dr Monsy Edward, Head of the Department of Clinical Psychology and Dr Antoo K D, Librarian of the College are getting ready to retire from service by the end of March and May this year. I record here a word of gratitude to Mr Dor Bahadur, Dr Sandhya E, Dr Paul Chacko, Dr Joju K T, Dr Monsy Edward and Dr Antoo K D for having extended their selfless commitment and contributions for the welfare and development of the College during the past several years.

# The Library

Our Library is fully computerized and now it has a collection of **16,838 volumes of books** including valuable reference collection. Our College subscribes to **40 periodicals** including **19 journals** and **21 magazines** in order to provide up-to-date information to the users. We also subscribe to **UGC-NLIST database** which provides access and download facility to more than **6000 e-journals**, each journal costing more than one lakh on an average and more than **thirty one lakh e-books** to the College community. We also subscribe **10 daily news papers** regularly. In addition to this we have a good collection of CD-ROM databases, Manuscripts and College Magazines.

# Awards, Achievements & Recognition

Ms Simi Varghese, Associate Professor in Journalism was awarded Doctoral Degree in Communication and Journalism by the University of Kerala on the topic A Study on the Nature and Pattern of Media Consumption in Kerala. Mr Antoo K D, the Librarian of the College also secured Doctoral Degree in Library and Information Science from Bharathiar University, Coimbatore on the topic Electronic Publishing and its Impact on Libraries and Academic Community in the Universities of Kerala. Hearty congrats and best wishes to Dr Simi and Dr Antoo for their outstanding academic achievements.

**Dr E Sandhya** has been selected for award known as **Fr Dr Jose Thekkan Best Teacher Award** with a cash prize of **Rs 50,000/-.** This award is constituted by Christ autonomous College Irijalakuda. She also received **Chathannoor Mohan** 

Foundation Award and Ayyappan Kavithapaddana Kendram Trust Award for her poems titled Sagaranidra. She was honoured with Edassery Award for her short story collection Anantharam Charulatha. She wrote a book Ammayullathinal, which contains a collection of poems. Dr Joju K T, Associate Professor in Mathematics was awarded Lifetime Achievement Award considering his commitment in teaching and various contributions given in the field of education. This award was constituted by Marian Institute of Management, Kuttikkanam.

**Daya Sudhan**, III B.Sc Psychology was recognized with **Fr Jose Chungan Kalalaya Ratna Award** with a cash prize of Rs 5,000/- constituted by Christ Autonomous College Irinjalakuda for the **Best Student** of Calicut University. She received the award from Dr Dharmaraj Attatt, the Hon'ble Vice Chancellor, Sree Sankaracharaya University of Sanskrit, Kalady. Daya Sudhan represented India as a **youth delegate** in Indian youth delegation camp conducted in Tajikistan by the ministry of youth and sports affairs of India and Tajikistan. She secured the **Best NSS Volunteer Award** from Calicut University. She was selected for the **passing out parade of Kerala Youth Action Force** at Munnar. She also won various awards in sports from Calicut University. And finally, it is Daya Sudhan, who has been awarded the **Outstanding Student** of this academic year of our College. **Amal Thomas, III B A English** and **Josina Jocent M J**, III B.Com have been selected as the **Best Male** and **Female Students**, who made the best contributions to the Corporate life of the College during the current academic year.

**Dr Nicemary Francis** is appointed as **Chairperson** of **B.Sc Psychology Board** of Calicut University. Dr Sonia Sunny, Dr Monsy Edward, Dr Joju K T, Ms Ceena Mathews, Dr Binu P Chacko, Dr Simi Varghese, Ms Jeetha Johny, Dr Milu Maria Anto, Dr Soumya Starlet C T, Dr Sukanya B Menon, Dr Jaya A T, Ms Deephti M Pisharody and Mr Joseph P P have been the **members of Board of Studies** in various Universities and Autonomous Colleges. Dr Simi Varghese, Ms Rincy T A, Dr Milu Maria Anto and Dr Jibish Mathew have been the **Chairpersons** of the **Centralized Valuation Camps** of various subjects of the University of Calicut.

#### **Research Centre**

Our Psychology Department has been recognized as a Research Centre of Calicut University and all the six Faculty Members of the Psychology Department, Dr Monsy Edward, Dr Nicemary Francis, Dr Milu Maria Anto, Dr Soumya Starlet, Dr Sukanya B Menon and Dr Jaya A T have been selected as Research Guides. Dr Dhanya Menon and Dr Binu P Chacko have been also recognized as Research Guides of Calicut University at the Research Centre of English Department of St Aloysius College Elthuruth and Sullamusalam Science College Areekode respectively. Under the guidance of Dr E Sandhya four Research Scholars were awarded Doctoral degrees. Ms Umadevi K S has submitted her Ph.D thesis at M G University,

Kottayam. Ms Jeetha Johny, Ms Ceena Mathews, Ms Rincy T A, Ms Deepthi M Pisharody and Mr Joseph P P are doing their research at various centers.

### **UGC NET**

**UGC NET Coaching Programme** has been very effectively conducted in our College in association with **IMS** Thrissur. The following former and present students qualified **NET** this year- Anu Sankar (Clinical Psy), Akhila R Krishna, Gayatri Suresh Babu, Sreelakshmi M Nadarajan, Anjaly George, Deena K Varghese, Akash V S, Ayisha (Psy), Athira Vijayan (Commerce), Albin Shaju, C M Meera, Arya Ramachandran, Anna Roshni, Maria Josphine, Annliya Shaijan, Nijil K N, Seethu Baby Mangalam (Eng) and Indu M B (CS).

# **University Results**

By the grace of God, the dedicated service of the teachers and hard work of the students, our College could maintain excellent results in the University examinations as has always been the custom here.

# **Proficiency Prizes**

The following students won Proficiency Prizes in the following classes-

Sl.No	Name	Class
1	Kalidasan N	I B.Sc Computer Science
2	Aswana T P	I B.Sc Electronics
3	Anupama Sreekumar	I B.A English
4	Jacquiline P Benny	I B.Com
5	Hannah Grace Jaison	I B.Sc Psychology
6	Athira K A	II B.Sc Computer Science
7	Bisna Babu	II B.Sc Electronics
8	Praveena P	II B.A English
9	Varnna Sunny	II B.Com
10	Archana N	II B.Sc Psychology
11	Antony Davis	III B.Sc Computer Science
12	Joel Robert	III B.Sc Electronics
13	Anna Joshy	III B.A English
14	Christeena Ann Martin	III B.Sc Psychology
15	Resmi E R	III B.Com
16	Naveena V	I M.Sc Clinical Psychology
17	Jabin M	II M.Sc Clinical Psychology

# **Endowments & Scholarships**

The following students were selected for the various endowments during the academic year 2018-19 and they were honoured during the Graduation Ceremony on October 05 2019-

Sl.No	Name	Subject
1	Akila R Krishna (G)	B.Sc Psychology (2016-19)
2	Revathy C B (SC)	B.Sc Psychology (2016-19)
3	Alwin M I (G)	B.Sc Computer Science (2016-19))
4	Ajithkumar (G)	B.Sc Electronics (2016-19)
5	Angel Rose John(G)	B.A English (2016-19)
6	Sreelakshmi N P (G)	B.Com ((2016-19)
7	Sreema K M (SC)	B.Com (2016-19)
8	Anna Paulson (G)	Top scorer in Mathematics of
		Electronics Department (2016-19)
9	Silpa I K (G)	Top scorer in Mathematics of
		Computer Science Department
		(2016-19)

More than 80% of students get benefits from various National, State, University and College Merit Scholarships. Apart from these scholarships, the Well-Wishers of the College have also instituted several endowments for the outstanding students in academics.

### Graduation

**Dr Anil Kumar**, the Hon'ble Vice Chancellor, Malayalam University inaugurated the **Graduation Ceremony** and handed over the certificates to 2019 pass- out students on Saturday, October 05 2019. Our Founder Manager **Rev Fr Dr Harshajan Pazhayattil** presided over the function and graced the occasion with an excellent message.

# The College Union

The College Union Election was held on September 09 2019. The names of elected members are as follows-

Sl.No	Position	Name
1	College Union Chairman	Shahil Chacko
2	Vice-Chairperson	Eva Maria Jaison
3	General Secretary	Arun Jose
4	Joint Secretary	Manju K B
5	University Union Councilor	Alwin K John
6	Fine Arts Secretary	Sreelakshmy V
7	Chief Student Editor	Liliya Jose Alappat

Sl.No	Position	Name
8	General Captain	Vaishnav S Nair
9	I DC Representative	Divin D Illikkal
10	II DC Representative	Abhirami Raman
11	III D C Representative	Anjitha V T
12	P G Representative	Aleena Babu
13	Commerce Association Secretary	Shilpa C V
14	Computer Science Association Secretary	Riswan M
15	Electronics Association Secretary	Albin Joy
16	English Association Secretary	Aathira Prakash
17	Psychology Association Secretary	Rosena T Roy
17	Psychology Association Secretary	Rosena T Roy

# **Publications, Seminars and Workshops**

Under the initiative of the Research Committee of our College, the fifth edition of a multi-disciplinary Research Journal **ANDROMEDA** was published in November 2019. The journal has been recognized with ISSN. Our College Magazine for the year 2018-19 titled **KA-CHA-DA-THA-PA** was released by the popular Writer **Mr V Dileep** on October 03 2019. I extend my heartfelt appreciation to the Staff Editor **Ms Shinta G Nellai** and Student Editor **Abhirami**.

**Dr Sandhya** wrote two text books on Psychological Statistics for B.Sc Psychology students of Calicut University. **Dr Jojomon N A**, Vice Principal, Panamppilly College, Chalakudy released the text books on October 29 2019 at our Assisi Hall. Another book of Dr Sandhya **Ammayullathinal** will be published on March 03 2020 at Sahithya Academy Thrissur.

Besides, almost all our teachers presented papers or participated in several International, National and Regional Seminars, Conferences and Workshops during this academic year that will include in the College Magazine.

#### **Co-curricular Activities**

The activities of the academic year began with an **Orientation Programme** for all students of the College. A cordial welcome to the freshers was given on June 24 2019. In association with **Heartfulness Education Hyderabad**, the Departments of Journalism, Psychology and Physical Education organized a two day National Seminar on **Evolution of Consciousness** on July 18 & 19 2019 at our auditorium. The Departments of English and Political Science jointly organized **Model Parliament Competition** on November 24 2019. This programme was sponsored by the Institute of Parliamentary Affairs, Government of Kerala. Former Joint Secretary of Kerala Legislative Assembly **Mr Purushothaman** and former Deputy Secretary of Kerala Legislative Assembly **Mr Balamuralikrishnan** guided the programme. The programme created awareness on Parliamentary Democracy among the Students. In

association with English Department, IQAC of our College organized a one day Workshop on Revised Accreditation Framework; Prospects and Challenges on November 05 2019. The workshop was led by Dr Beena Manoj, Head of the Department of English, St Teresa's Autonomous College Ernakulam. The College Union was formally inaugurated by the Popular Play Back Singer Mr Renjith Unni on October 04 2019. A variety of cultural programmes was staged by the students as part of the Union Inauguration. The College Union organized a one day shoot programme for the students of our College and it was telecast in two episodes in Zee TV.

# **Arts & Sports Activities**

The various Arts and Sports competitions were conducted by the College Union with great pomp and fervor. The entire students of the College were divided into five Departments and we had very healthy competitions. The **Arts Festival** was inaugurated by the popular Play Back Singer **Mr Sachin Raj** on January 06 2020. He graced the occasion with his performances.

Arun Aravind, II B.Com and Swetha K Prasad, III BA English won the Kalaprathibha and Kalathilakam titles respectively. Sargaprathibha and Chitraprathiba titles were secured by Praveena P, II B.A English and Prajeesha Prakash I M.Sc Clinical Psychology respectively. Ms & Mr Prajyoti titles were won by Harilakshmi of III B.Sc Psychology and Benedict of I B.A English. Arun Aravind and Swetha K Prasad were selected as the Best Actor and Best Actress of the College. Dr Sandhya secured first prize for her poem in Malayalam Varakkunnathengane in the poetry writing competition organized by Prime India Cultural Forum. Sreerag, III B.Com secured 1st prize in Bharatanatyam in the International Dance Festival held at Thiruvanathapuram and Hyderabad on two different occasions. The Department of English won the Overall Trophy in Arts.

In sports, our Yogasana team for women won the first Runner up Trophy in Calicut University Yogasana Championship. The team members were Daya Sudhan, III Psychology, Angel Maria, III B.Com, Malavika Priyan I B.Sc Electronics, Elrose Varghese I B.Sc Psychology, Amrutha Madhavan, I B.Sc Psychology and Sreelakshmi, II B A English. Angel Maria has been selected to Calicut University Yogasana team.

Our **Yogasana team for men** also secured the **first Runner up Trophy** in the Calicut University Yogasana Championship. The team members were- **Aagney Sunil**, II B.Sc Psychology, **Athul Vas**, II B.Sc Electronics, **Nikhil T A**, II B.Sc Computer Science and **Amal P**, I B.Sc Computer Science.

Our Cycling team for men won the first Runner up Trophy in Calicut University Cycling Championship. The team members were- Christin Pullely, III B Sc Computer Science, Sachin E S, III B.Com, Nelwin Joshy, III B.Com, Jovin Mathew, II B.Sc Electronics, Jerfin Jainik, II B.Sc Electronics, Rohan, III B.Com and Vaishanav S Nair, III B.Sc Computer Science. Christin Pullely has been selected to Calicut University Cycling Team.

Our College Fencing Team for women secured 1<sup>st</sup> & 2<sup>nd</sup> Runner up Trophies in EPEE and FOIL categories in Calicut University Fencing Championship held at Vimala Autonomous College Thrissur. The following were the members- Neena S, III B.Sc Psychology, Anjitha Johnson, III B.Sc Psychology, Serin Rose Sunny, III B.Sc Psychology, Nasreen Noushad, II B.Sc Psychology, Jewel K S, I B.Com, Siddhi Nair, I B.Sc Psychology and Hridya Elizabeth Shaj, I B.Sc Psychology. Neena S secured Individual Championship and was selected to Calicut University Fencing team. Sachin E S, III B.Com won 2<sup>nd</sup> Runner up Trophy in Individual Fencing Championship. Ashin Babu, II B.Com won the first Runner up trophy in Best Physique in Calicut University.

Sports Day was celebrated on January 22 2019 and it was officially inaugurated by Circle Inspector of Pudukad Police Station Mr Suresh K N. The Individual Champions for men and women were Divin D Illikkal, I B.A English and Krishnendhu T R, II B.Com respectively. The Overall Trophy in Sports was secured by Commerce Department. Under the leadership of Ms Jeetha Johny, the Overall Trophy in Arts and Sports was bagged by the Department of English. Hearty congratulations to all the winners.

# **Departmental Activities**

All the departments organized several programmes like in the previous years. The Computer Science Association was inaugurated by Mr Naijo Kunjavara, Senior Consultant and Project Manager, Tata Consultancy Services, Infopark, Kakkanad on November 04 2019. The Department conducted various Workshops on various subjects such as Linux Programming in association with Red Hat and Placement Training in association with CSCTA. Mr Anand Pavithran and Mr Jomy P L led these two workshops respectively. The Department also organized a one-day Technical Fest on Whiz Games and a two day IT Fest on Digimatazz. In connection with Kerala Piravi, the Department also organized a Quiz competition on November 01 2019. The second B.Sc Computer Science students celebrated the new-year and had their lunch with the members of Asha Bhavan, Anandapuram. They also

went for Industrial Visit to VIPOINT Solutions, Infopark Kochi on January 30 2020. In association with Industry of Information & Broadcasting, Government of India, the Department also conducted an awareness programme on **CORONA** on February 24 2020.

The **Commerce department** organized a number of academic activities such as National and Regional Seminars, several talks on various topics and career guidance. As part of the National Insurance Awareness Day, the Department organized a one day Seminar on Scope and Importance of General Insurance on July 04 2019. The seminar was led by **Mr Cibi S**, Divisional Manager of National Insurance Company, Thrissur. In association with **Bombay Stock Exchange**, the Department also conducted a one day Seminar on Capital Market on August 06 2019. Dr **Venugopal Rajirath**, Associate of Lotus Knowlwealth inaugurated the seminar. The Commerce Association was inaugurated by Dr George A P, Senior Faculty, Sahrdaya Institute of Management Studies, Kodakara on October 30 2019. In association with **Employment Exchange** Thrissur, the Department organized a Mega Job Fair on December 07 2019 at our College. The Job Fair was inaugurated by the Hon'ble Sub Collector of Thrissur Ms Afsana Parveen IAS. Above 30 Employers were present from various parts of India and above 2500 job seekers registered and took part in the Job Fair. 724 candidates got placement offer from this direct recruitment. A big salute to the Department of Commerce.

Several programmes were organized by the **Department of Psychology** this year too such as- a one day Workshop on **Research Methodology** on July 04 2019, a two day National Seminar on **Evolution of Consciousness** on July 18 & 19, a two day National Workshop on **Cognitive Behavioral Therapy** on September 19 & 20, a one day Workshop on **Mental Health** on October 10, a one day Workshop on **Empowering Teens** on February 04 2020 and a one day seminar on **Career Guidance and Counseling** on February 07 2020. As part of the **World Mental Health Day**, the Department conducted a talk on How to prevent Suicide, Rally, Flash Mob, Street Play and Oath taking to prevent suicide. The Clinical Psychologist **Ms Indu S Menon** inaugurated the activities of the **Psychology Association** on October 10 2019.

The Eminent Persons visited in the Department of Psychology during this year were **Dr Immanuel Thomas**, retired HoD, Department of Psychology, University of Kerala, **Dr Sateesh Menon**, **Dr Shamla S Krishna** both from Heartfulness Education Hyderabad, **Dr Jini K Gopinath**, Clinical Psychologist, Mind Matters Bangalore, **Mr Sreehari**, Clinical Psychologist Amritha Institute of Medical Sciences Kochi, **Mr Shameer C K**, the Career Guide and Counselor and so on. The Department signed a

**MoU** with an IT company **XeoScript** stating to exchange services like Employee Testing, Recruitment and Selection, Training and Development and so on.

The activities of the **English Association** were inaugurated by **Dr Beena Manoi**, Associate Professor & Head of the Department of English St Teresa's Autonomous College Ernakulam on November 05 2019. The Department organized several Seminars and Workshops on variety of topics and areas such as **Scope of Public** Relations, Digital Humanities, Career Options, Creative Writings, Challenges in the Field of Public Administration, Research Methodology and so on. The Eminent Resource Persons handled various sessions were- **Dr Muralikrishnan**, Associate Professor and Head of the Department of English, MES, College Asmabi, Dr Beena Manoj, Head of the Department of English, St Teresa's Autonomous College Ernakulam, Ms Deepa, Faculty in English, TIME Thrissur, Ms Amrutha **Dharman**, International Marketing Executive for Popular Foods, **Mr Amaldev P J**, Assistant Professor in English, Vimala Autonomous College, Thrissur, Ms Meera C M, Research Scholar, Ms Anjana P V, Associate Account Executive, Brand Factory-Mumbai and **Mr Raphael Jos**. The students of II BA English visited Malayala Manorama Printing Press, Aroor, Asianet News and Kerala Legislative Assembly along with Dr Simi Varghese and Dr Binoj Jose on December 06 & 07 2019. The Department conducts UGC recognized Add on Program in **Communication** Skills in English. 78 students have enrolled for this programme. Students of III BA English conducted classes on Motivational Sessions and Communication Skills for the students of Govt. Vocational Higher Secondary School, Pudukad.

The Electronics Association was inaugurated by **Mr Pradeep Somasundran**, who has been the Principal and Professor of Electronics of College of Applied Sciences, Vadakkenchery. Being a popular National Singer, he demonstrated **how to learn Electronics through Musical Therapy**. **Mr Diaon Paul**, Software Engineer delivered a talk on **Opportunities in Electronics**. In association with **Kerala Startup Mission**, the Department organized a two day Workshop on **Python** on July 25 & 26, a two day Workshop on **Internet and Things** on August 21 & 22, a one day Workshop on **Basic Embedded System** on September 27 and a one day Workshop on **Advanced Embedded System** on October 30 2019. The Department conducted

two exhibitions- one at Girls Vocational Higher Secondary School Pudukad on January 18 2020 and another one at our own College on January 29 2020. **Rev Fr Raju Chakkanath**, Principal, Don Bosco College Mannuthy inaugurated the second exhibition. The Department also signed various **MoUs** with **Keltron Department** Trivandrum, **Kinetz Technologies** Kochi and **Don Bosco College** Manuuthy. The most attractive and Innovative Practice under taken by the Electronics Department is the **Faculty Members' Visit** to the houses of every student of II B.Sc Electronics.

Malayalam Association was inaugurated by **Dr Kalamol T S**, Assistant Professor in Malayalam, Kerala Varma College Thrissur. The famous Writer **Dr Ajay P Mangattu**, inaugurated the activities of **Hindi Association**. Under the initiatives of both Departments, several programmes were conducted in connection with **Keralapiravi Celebrations**.

# **Various Clubs & Forums**

Many Clubs and Forums like Quiz Club, Theatre and Film Club, IEDC Club, Art & Craft Club, Music Club, Dance Club, Debating Club, Nature Club, Photography Club, Speakers' Forum and Writers' Forum have been functioning in our College to enable our students to widen their vistas of knowledge, skills and talents and to help them to become academically and professionally competent in the challenging world. Quiz Club was inaugurated by **Dr Monsy Edward** on November 20, 2019. The club also conducted an inter-departmental guiz competition on the same day. Mr **Antony Jaison** was the Quiz Master. Quiz Club organized weekly meetings, conducted quiz contests and discussed new guizzing methods and trends. The renowned dramatist and state award winner Mr Nikhildas Puranattukara inaugurated Theatre and Film Club on December 11, 2019. The Club has been known as 'Seventh Art'. Under the guidance of Dr Simi Varghese several meetings and discussions on films and dramas were conducted. Under the leadership of Dr Milu Maria the Art & Craft **Club** was introduced this year for enhancing the creative abilities of the students. The club members associated with seminar decorations and also participated in an exhibition conducted by NSS on September 04 2019. Music club was inaugurated by the Professional Carnatic Vocalist Dr Sreevalsan Menon, who is also a Senior Scientist at Kerala Agricultural University. **Writers' Forum** was inaugurated by the famous Writer **Dr Ajay P Mangattu.** Several debates were conducted under **Debate Club. Photography Club** Coordinator **Mr Jose M O** is very punctual in timely uploading the photos in the College website.

#### **Women Cell**

Under the leadership of **Dr Soumya Starlet**, the Women Cell of our College has been very active. The activities of the Cell were inaugurated by **Dr Bloom Benny**, MD in Pathology, Assistant Insurance Officer, ESI Dispensary, Koratty on July 25 2019. As part of inauguration, a half day seminar on **Common Menstrual Concerns of Youth** was conducted by the Guest. Dr Sandhya E presided over the function. The Women Cell also organized a **Food Fest** on September 04 2019. Students prepared a variety of food items by themselves for the Fest. The income generated by the Fest was donated to flood related service activities. Several talks were conducted for the girl students of the College.

A word of gratitude to Writers' Forum Coordinator **Dr E Sandhya**, Speakers' Forum, Quiz Club and Theatre and Film Club Coordinator **Dr Simi Varghese**, Art & Craft Club Coordinator **Dr Milu Maria**, Music Club Coordinator **Dr Dhanya Menon**, Dane Club and Women Cell Coordinator **Dr Soumya Starlet**, Debate Club Coordinator **Dr Jaya A T** and Photography Club Coordinator **Mr Jose M O**.

#### **YIP**

YIP means- **Young Innovators' Programme** that was designed by the Government of Kerala during this current year to create a deeper imprint on the academic system in the state. It exposes young students to the cycle of innovation and promotes a culture of Innovation in Kerala. Under the able leadership of **Dr Milu Maria Anto,** it has been functioning in our College very efficiently. The College presented 10 ideas in the District level and 5 ideas were selected for presentation at State level and 2

ideas were selected at the State level which is really a rare achievement. The first idea was on Website for Learning Disability Management and the idea members were Bayana Beevi, Darose Davis, Elizabeth Roy, Amal Christy and Antony Davis and they were supported by Dr Sukanya B Menon and Dr Sonia Sunny. The second idea was on Caddies Censa and the idea members were Anupama Sreekumar, Athira, Lakshmi Madan, John Paul Babu and Ashly Biji and they were supported by Ms Jeetha Johny and Dr Jibish Mathew. The team leaders attended a State Level Workshop at Thiruvanthapuram and met with our Chief Minister.

# **Counseling Centre**

Under the initiative of the department of Psychology a **Counseling Centre** has been functioning in our College since 2014. Public, students from various schools, referred patients, staff & students of our College are benefitted by this Centre. Various Psychological tests are also provided to the public. PG students also assist the Centre during the case study, which enables them to acquire clinical experience. Under the initiative of the Counseling Centre, several Community Extension Projects were taken place during this year. With the help of Research scholars, the Centre adopted several schools near to Pudukad and have given proper guidance and counseling to the children. M.Sc Clinical Psychology students also associated with them.

#### **ASAP**

ASAP (Additional Skill Acquisition Programme) is a State Government initiative launched in the College from 2013. In order to introduce ASAP, an **Orientation Programme** was given for the first year students and their parents. The programme was led by the Programme Manager of Thrissur District **Ms Fincy Francis.** The ASAP classes are handled by **Mr Sathish K Nair** since 2013 and his classes have been well appreciated by all his students. The classes have been monitored by the Programme Coordinator, **Dr Binoj Jose**. 28 students are benefitted this year from ASAP.

### WWS and SSP

Walk with a Scholar and Students Support Programmes are also State Government initiatives running very successfully in our College. A onetime grant of **Rs 1,37,000**/-towards **WWS** and **Rs 1,07,000** towards **SSP** has been sanctioned to our College

during this academic year. 12 external mentoring sessions were carried out in which students got opportunities to interact with experts from different fields. **Dr Milu**Maria Anto and Mr Joseph P P have been the Coordinators of WWS and SSP respectively.

### **Placement Cell**

Under the guidance of **Ms Ceena Mathews**, the Placement Cell of the College has been facilitating employment opportunities to many of our students during the past years. Besides, the Cell has organized a number of coaching classes and training programmes for all students of the College on various topics related to Higher Education and employability.

The following 25 students got placement in various Multinational Corporations (MNC) during the academic year 2019-20-.

S.N	Name	Class	Institution/ Company
0			,
1	Antony Davis	III B.Sc Comp. Sc	Deloitte India
2	Manju Benny	III B.Sc Comp. Sc	Deloitte India
3	Anandu Babu	III B.Sc Comp. Sc	TCS, Wipro
4	Jomol T.J	III B.Sc Comp. Sc	TCS, Infosys
5	Edveena	III B.Sc Electronics TCS	
6	John Paul	III B.Sc Electronics	TCS, Wipro
7	Jeffin Tom	III B.Sc Electronics TCS	
8	Swetha Rajan	III B.Sc Comp. Sc TCS	
9	Swetha Saji	III B.Sc Comp. Sc TCS, Wipro	
10	Vinayak	III B.Sc Comp. Sc TCS	
11	Jeena John III B.Sc Comp. Sc		Cognizant Technology
			Solutions (CTS)
12	Jomol K. L	III B.Sc Comp. Sc	Infosys
13	Jismi	III B.Sc Electronics Infosys	

S.N	Name	Class	Institution/ Company
0			
14	Nina Ann Mathew	III BA English	Goan Institute
15	Ritta Tony	III BA English	Goan Institute
16	Austin James	III BA English	Goan Institute
17	Josina Jocent M J	III <u>B.Com</u>	Goan Institute
18	Nivin P.K	III B.Sc Electronics	Wipro
19	Aswathy M.S	III B.Sc Electronics	Wipro
20	Flamin Paulson	III B.Sc Electronics	Wipro
21	Joyal Robert	Joyal Robert III B.Sc Electronics V	
22	Sreelakshmi E.S	III B.Sc Electronics	Wipro
23	Seethal K.S	III B.Sc Comp. Sc	Wipro
24	Aswathy T.R	III B.Sc Comp. Sc	Wipro
25	Nayanthara K.G	III B.Sc Comp. Sc	Wipro

### NSS

The National Service Scheme is one of the major bodies that provides opportunities for our students to contribute towards the noble task of nation-building. Orientation Programmes, Group Dynamic Programmes, Workshop on UTS Railway Mobile App, Blood Donation Camp, Gardening, Awareness Classes, Patriotic Song Competitions in connection with Independence Day, Aids Awareness Programme, a special Programme on Children's Day at VHSE School Pudukad, Poster Making Competition, Planting of Saplings and organizing Special Camp were the main activities of NSS during the academic year.

As part of community service, our NSS volunteers involved in cleaning flood affected homes and also helped in chlorinating several wells. NSS units collected a mini-van goods like food materials, clothes, sanitary pads and other stationery items from

staff, students and public and handed over to flood affected people of Wayanad. In association with Indian Medical Association, NSS units conducted a **blood donation camp** at our College. Staff and students donated 45 bottles of blood.

Our NSS units were recognized with a special memento for the outstanding performances in the Kerala State Vimukti Mission. The seven-day NSS **Special Camp** was conducted at St George HSS Pariyaram and it was inaugurated by Pariyaram Grama Panchayat President **Mr Jenesh P Jose**. Rev Fr Dr Harshajan Pazhayattil presided over the function. The Block Member Ms Usha, the Ward Member Ms Sindhu and the Principal of St George HSS Pariyaram Mr Shaiju felicitated the gathering during the inauguration.

The major activities during the Camp were survey in connection with Waste Management, classes on Personality Development, Eye Camp in association with LF Hospital Angamaly, cleaning of the premises of the school and riverside road near to Pariyaram, Paper Pen making, various talks and so on. Special congratulations to the NSS Programme Officers **Dr Soumya Starlet** and **Dr Binoj Jose**.

### NCC

Our long cherished dream to introduce NCC (National Cadet Corps) in our College was partially fulfilled with the enrolment of our 16 students in the 1 (Kerala) Remount and Veterinary Squadron NCC, Veterinary College, Mannuthy. A team of NCC Officials led by Commander Colonel P K Soni, ANO Lt. **Dr Chandralingam** visited our College on July 29 2019 to conduct **Interview and Physical Tests** for selecting the students. The NCC Officer-in-Charge of our College, **Dr Binoj Jose** coordinated the programme. Regular parades for the cadets are held every Thursday, Friday and Saturday at Veterinary College, Mannuthy. To our privilege, 13 NCC cadets of our College successfully completed **National Training Camp** at **Meerut** in Uttar Pradesh held from September 16 2019 to October 05 2019.

# Jesus Youth & AICUF

Under the guidance of **Ms Shinta G Nellai**, Jesus Youth and AICUF organized several programmes regularly, such as- weekly Prayer Meetings, Holy Mass on first Fridays, Rosary, distribution of lunch packs to the needy on the roads at Thrissur every

Thursday, visit to cancer patients and the conduct of various spiritual programmes. These programmes help in maintaining a spiritual atmosphere in the Campus. Under the initiative of Jesus Youth, a special Holy Mass for the retiring staff and final year students was conducted on Friday, February 07 2020. **Rev Fr Dr Jinu Malakaran**, Associate Executive Director and Assistant Professor, Sahrdaya Institute of Management |Studies, Kodakara led the Mass with an excellent message.

### **Celebrations**

The College celebrated Yoga Day, Independence Day, Onam, Teachers' Day, Id, Christmas and Founder's Day in a real festive manner. In connection with **Yoga Day**, several yoga demonstration programmes were organized on 21<sup>st</sup> June. **Onasadya** was prepared by the whole staff and students. The Management and the whole students of the College greeted the teaching staff and honored them with mementoes on 5<sup>th</sup> September on **Teachers' day**. As part of **Id celebrations**, Ifthar treat was arranged by the Muslim students of the College. In connection with **Christmas**, Crib, Carol Songs, Card Making, Candle Decoration and so on were conducted and students participated with much excitement and enthusiasm. We also celebrated our **Founder's Day**, the 85<sup>th</sup> Birthday of our beloved Manager **Rev Fr Dr Harshajan Pazhayattil** in an appropriate manner. **Rev Fr Johnson Chalissery**, Parish Priest, St Antony's Church Pudukad inaugurated the celebrations. The whole staff and students of Prajyoti Family met together and greeted with Birthday Songs to our dear Founder.

### **Alumni Association**

The Alumni, **PRANA** Association plays a vital role in maintaining a very cordial relationship between the former students and teachers. The Annual Alumni meeting was held on October 05 2019. Large number of former students participated in the Meet. The Alumni created a title for the Meet- **THIRIKE** and variety of posters were created by the Alumni for the programme. **THIRIKE**, **BACK TO COLLEGE**, **BACK TO** 

**NATURE**, the programme's message and tagine was honestly and successfully implemented by avoiding everything that was plastic. Tree saplings and paper pen containing a seed were distributed among staff and students. The retiring staff- Dr Sandhya E, Dr Paul Chacko, Dr Joju K T, Dr Monsy Edward, Dr Antoo K D and Mr Dor Bahadur were honoured and saluted by the association. The Alumni Association handed over **Rs 85,000/-** towards **NANMA Scholarships** to the financially backward students of our College. The Alumni association also donated one laptop to the students of the Department of Computer Science to do their projects. **Prajyoti Alumni Meet** also held at **UAE** on November 01 2019. It was really a wonderful experience. **Dr Mary Paul, Mr Sujith E S** and **Dr Soumya Starlet** have been reelected as Convener, Vice-President and Treasurer of Alumni Association respectively.

### **PTA & PWTA**

Our College has a well-organized **PTA**, which aims at the promotion of the all-round development of the students. All the Parents and Teachers are its members. Class wise PTA was held on 5<sup>th</sup>, 22<sup>nd</sup> and 26<sup>th</sup> of November 2018. **Mr Josy Muringathery** and **Dr Simi Varghese** have been re-elected as **Vice-President** and **Secretary** of the PTA. We also have **PWTA** (Parents Well-Wishers Teachers Association). In the case of the infrastructure development, the role of PWTA is very significant. **Dr Kurian Zakkaria** and **Dr Simi Varghese** have been re-elected as **Vice-President** and **Secretary** respectively.

### Conclusion

As I wind up this Report, I raise my heart in praise and gratitude to Almighty God for all the blessings that He has showered on us. On this occasion, I sincerely thank our Chief Guest the Mimicry Artist Mr **Kalabhavan Satheesh** for having honoured us with his esteemed presence. I also express my sincere joy and gratitude to our Founder Director and Manager **Rev Fr Dr Harshajan Pazhayattil** for his generous support and guidance. I remember with gratitude PTA Vice President **Mr Josy Muringathery**, all the Parents, Well-Wishers and all those who have extended their support in times of need. I record here my sincere appreciation and gratitude to all

the Teaching and Non-Teaching Staff for having sincerely helped, supported and cooperated with all the activities of the College. May I also put in a special word of appreciation to the Staff Advisors **Dr Joju K T** and **Dr Simi Varghese** and the Arts & Sports Coordinator **Dr Paul Chacko**. My sincere gratitude to all the College Union members and all my students, without whose sincere work and co-operation, nothing would have been possible. I conclude this report praying that God Almighty may lead us to the Supreme Light- Prajyotirgamaya.

Pudukad, 25.02.2020 Dr. Shaijan Paul Principal

## **COLLEGE REPORT 2019-20**



It is with immense pleasure and great gratitude that I present before you the **25<sup>th</sup> Annual Report** of the College activities of the academic year 2019-20. As you know, the Prajyoti Niketan Family consists of the Manager, the Principal, the Teaching &

Non-Teaching Staff, Well-Wishers, Parents and Students. Our College is run by **Christian Charitable Society** and has been reaccredited with **'A' Grade** by the NAAC.

# **Courses & Programmes**

We have **five aided Under-Graduate** Courses **and one aided Post-Graduate** Course along with a **Research Centre** in **Psychology.** Besides, we have been conducting very successfully **four UGC sponsored Add-on Programmes**, such as **Communication Skills in English, Counseling Psychology, Web Technology** and **Yoga & Health Care**. We also conduct Kerala Government sponsored **ASAP, WWS** and **SSP programmes.** The coaching programmes like **UGC NET, Bank** and **PSC** are being conducted in our College in association with **IMS** and **TIME** Thrissur. All these programmes provide opportunities for our students to pursue their studies as per their interest and aptitude.

### **Staff & Students**

There are **33 teaching staff** members including **24 permanent** & **09 Guest** Lecturers, **18 non-teaching staff** members including **17 permanent** & **01 temporary staff**. The following non-teaching staff were appointed in the office during this year- Mrs Neethu Anto as LD Clerk, Mrs Jini K J as Store Keeper, Mrs Franics Fioona as Computer Assistant, Mrs Reshma Babu and Mr Albin Sunny as Office Attendants. At present, the College has a total strength of **636 students** including **172 male** and **464 female** students. There are **12 Research Scholars** in the department of Psychology.

#### Retirement

Mr Dor Bahadur B C, Lab Assistant retired from the service of the College on October 31 2019. Dr Sandhya E, Head of the Department of Statistics, Dr Paul Chacko, Head of the Department of Physical Education, Dr Joju K T, Associate Professor of Mathematics and Coordinator for the Department of Commerce, Dr Monsy Edward, Head of the Department of Clinical Psychology and Dr Antoo K D, Librarian of the College are getting ready to retire from service by the end of March and May this year. I record here a word of gratitude to Mr Dor Bahadur, Dr Sandhya E, Dr Paul Chacko, Dr Joju K T, Dr Monsy Edward and Dr Antoo K D for having extended their selfless commitment and contributions for the welfare and development of the College during the past several years.

# **The Library**

Our Library is fully computerized and now it has a collection of **16,838 volumes of books**. Our College subscribes to **40 periodicals** including **19 journals** and **21 magazines**. We also subscribe to **UGC-NLIST database** which provides access and download facility to more than **6000 e-journals**. We also purchase regularly **10 daily news papers**.

# Awards, Achievements & Recognition

**Ms Simi Varghese,** Associate Professor in Journalism was awarded **Doctoral Degree** in **Communication and Journalism** by the University of Kerala. **Mr Antoo K D**, the Librarian of the College also secured **Doctoral Degree** in **Library and Information Science** from Bharathiar University, Coimbatore. Hearty congrats and best wishes to Dr Simi and Dr Antoo for their outstanding academic achievements.

Dr E Sandhya received Chathannoor Mohan Foundation Award and Ayyappan Kavithapaddana Kendram Trust Award for her poems titled Sagaranidra. She was honoured with Edassery Award for her short story collection Anantharam Charulatha. She wrote a book Ammayullathinal, which contains a collection of poems. Dr Joju K T, Associate Professor in Mathematics was awarded Lifetime Achievement Award considering his commitment in teaching and various contributions given in the field of education. This award was constituted by Marian Institute of Management, Kuttikkanam.

**Daya Sudhan**, III B.Sc Psychology was recognized with **Fr Jose Chungan Kalalaya-Ratna Award** with a cash prize of Rs 5,000/- constituted by Christ Autonomous College Irinjalakuda for the **Best Student** of Calicut University. Daya Sudhan represented India as a **youth delegate** in Indian youth delegation camp conducted in Tajikistan by the ministry of youth and sports-affairs of India and Tajikistan. She secured the **Best NSS Volunteer Award** from Calicut University. She was selected for the **passing out parade of Kerala Youth Action Force** at Munnar. She also won various awards in sports from Calicut University. And finally, it is Daya Sudhan, who has been awarded the **Outstanding Student** of this academic year of our College. **Amal Thomas, III B A English** and **Josina Jocent M J**, III B.Com have been selected as the **Best Male** and **Female Students**, who made the best contributions to the Corporate life of the College during the current academic year.

**Dr Nicemary Francis** is appointed as **Chairperson** of **B.Sc Psychology Board** of Calicut University. Dr Sonia Sunny, Dr Monsy Edward, Dr Joju K T, Ms Ceena Mathews, Dr Binu P Chacko, Dr Simi Varghese, Ms Jeetha Johny, Dr Milu Maria Anto, Dr Soumya Starlet C T, Dr Sukanya B Menon, Dr Jaya A T, Ms Deephti M Pisharody and Mr Joseph P P have been the **members of Board of Studies** in various Universities and Autonomous Colleges. Dr Simi Varghese, Ms Rincy T A, Dr Milu Maria Anto and Dr Jibish Mathew have been the **Chairpersons** of the **Centralized Valuation Camps** of various subjects of the University of Calicut.

## **Research Centre**

Our Psychology Department has been recognized as a Research Centre of Calicut University and all the six Faculty Members of the Psychology Department, Dr Monsy Edward, Dr Nicemary Francis, Dr Milu Maria Anto, Dr Soumya Starlet, Dr Sukanya B Menon and Dr Jaya A T have been selected as Research Guides. Dr Dhanya Menon and Dr Binu P Chacko have been also recognized as Research Guides of Calicut University. Under the guidance of Dr E Sandhya four Research Scholars were awarded Doctoral degrees. Ms Umadevi K S has submitted her Ph.D thesis at M G University. Ms Ceena Mathews, Ms Rincy T A, Ms Jeetha Johny, Ms Deepthi M Pisharody and Mr Joseph P P are doing their research at various centers.

## **UGC NET**

**UGC NET Coaching Programme** has been very effectively conducted in our College in association with **IMS** Thrissur. The following former and present students qualified **NET** this year- Anu Sankar (Clinical Psy), Akhila R Krishna, Gayatri Suresh Babu, Sreelakshmi M Nadarajan, Anjaly George, Deena K Varghese, Akash V S, Ayisha (Psy), Athira Vijayan (Commerce), Albin Shaju, C M Meera, Arya Ramachandran, Anna Roshni, Maria Josphine, Annliya Shaijan, Nijil K N, Seethu Baby Mangalam (Eng) and Indu M B (CS).

# **University Results**

By the grace of God, the dedicated service of the teachers and hard work of the students, our College could maintain excellent results in the University examinations as has always been the custom here.

# **Proficiency Prizes**

The following students won Proficiency Prizes in the following classes-

1	Kalidasan N	I B.Sc Computer Science
2	Aswana T P	I B.Sc Electronics
3	Anupama Sreekumar	l B.A English
4	Jacquiline P Benny	I B.Com
5	Hannah Grace Jaison	I B.Sc Psychology
6	Athira K A	II B.Sc Computer Science
7	Bisna Babu	II B.Sc Electronics
8	Praveena P	II B.A English
9	Var nna Sunny	II B.Com
10	Archana N	II B.Sc Psychology
11	Antony Davis	III B.Sc Computer Science
12	Joel Robert	III B.Sc Electronics

13	Anna Joshy	III B.A English
14	Christeena Ann Martin	III B.Sc Psychology
15	Resmi E R	III B.Com
16	Naveena V	I M.Sc Clinical Psychology
17	Jabin M	II M.Sc Clinical Psychology

# **Endowments & Scholarships**

The following students were selected for the various endowments during the academic year 2018-19 and they were honoured during the Graduation Ceremony on October 05 2019-

Sl.No	Name	Subject
1	Akila R Krishna (G)	B.Sc Psychology (2018-19)
2	Revathy C B (SC)	B.Sc Psychology (2018-19)
3	Alwin M I (G)	B.Sc Computer Science (2018-19)
4	Ajithkumar (G)	B.Sc Electronics (2018-19)
5	Angel Rose John(G)	B.A English (2018-19)
6	Sreelakshmi N P (G)	B.Com (2018-19)
7	Sreema K M (SC)	B.Com (2018-19)
8	Anna Paulson (G)	Top scorer in Mathematics of
		Electronics Department (2018-19)
9	Silpa I K (G)	Top scorer in Mathematics of
		Computer Science Department
		(2018-19)

More than 80% of students get benefits from various National, State, University and College Merit Scholarships. Apart from these scholarships, the Well-Wishers of the College have also instituted several endowments for the outstanding students in academics.

### **Graduation**

**Dr Anil Kumar**, the Hon'ble Vice Chancellor, Malayalam University inaugurated the **Graduation Ceremony** and handed over the certificates to 2019 pass- out students. Our Founder Manager Rev Fr Dr Harshajan Pazhayattil presided over the function and graced the occasion with an excellent message.

# The College Union

The College Union Election was held on September 09 2019. The names of elected members are as follows-

Sl.No	Position	Name
1	College Union Chairman	Shahil Chacko

2	Vice-Chairperson	Eva Maria Jaison
3	General Secretary	Arun Jose
4	Joint Secretary	Manju K B
5	University Union Councilor	Alwin K John
6	Fine Arts Secretary	Sreelakshmy V
7	Chief Student Editor	Liliya Jose Alappat
8	General Captain	Vaishnav S Nair
9	I DC Representative	Divin D Illikkal
10	II DC Representative	Abhirami Raman
11	III D C Representative	Anjitha V T
12	P G Representative	Aleena Babu
13	Commerce Association Secretary	Shilpa C V
14	Computer Science Association Secretary	Riswan M
15	Electronics Association Secretary	Albin Joy
16	English Association Secretary	Aathira Prakash
17	Psychology Association Secretary	Rosena T Roy

# **Publications, Seminars and Workshops**

Our College Magazine for the year 2018-19 titled **KA-CHA-DA-THA-PA** was released by the popular Writer **Mr V Dileep** on October 03 2019. I extend my heartfelt appreciation to the Staff Editor **Ms Shinta G Nellai** and Student Editor **Abhirami**.

**Dr Sandhya** wrote two text books on Psychological Statistics for B.Sc Psychology students of Calicut University. **Dr Jojomon N A**, the Vice Principal of Panamppilly College, Chalakudy released the text books. Another book of Dr Sandhya **Ammayullathinal** will be published on March 03 at Sahithya Academy Thrissur. Besides, almost all our teachers presented papers or participated in several International, National and Regional Seminars, Conferences and Workshops during this academic year that will include in the College Magazine.

## **Co-curricular Activities**

The activities of the academic year began with an **Orientation Programme** for all students of the College. A cordial welcome to the freshers was given on June 24.

In association with **Heartfulness Education Hyderabad**, the Departments of Journalism, Psychology and Physical Education organized a two day National Seminar on **Evolution of Consciousness** on July 18 & 19 at our auditorium.

The Departments of English and Political Science jointly organized **Model Parliament Competition** on November 24. This programme was sponsored by the Institute of Parliamentary Affairs, Government of Kerala.

In association with English Department, IQAC of our College organized a one day Workshop on **Revised Accreditation Framework; Prospects and Challenges** on

November 05. The workshop was led by **Dr Beena Manoj**, Head of the Department of English, St Teresa's Autonomous College Ernakulam.

The College Union was formally inaugurated by the Popular Play Back Singer **Mr Renjith Unni** on October 04. A variety of cultural programmes was staged by the students as part of the Union Inauguration. The College Union organized a one day shoot programme for the students of our College and it was telecast in two episodes in **Zee TV**.

# **Arts & Sports Activities**

The various Arts and Sports competitions were conducted by the College Union with great pomp and fervor. The entire students of the College were divided into **Five Departments** and we had very healthy competitions. The **Arts Festival** was inaugurated by the popular Play Back Singer **Mr Sachin Raj** on January 06. He graced the occasion with his performances.

**Arun Aravind**, II B.Com and **Swetha K Prasad**, III BA English won the **Kalaprathibha** and **Kalathilakam** titles respectively.

**Sargaprathibha** and **Chitraprathiba** titles were secured by **Praveena P**, II B.A English and **Prajeesha Prakash** I M.Sc Clinical Psychology respectively.

Ms & Mr Prajyoti titles were won by Harilakshmi of III B.Sc Psychology and Benedict of I B.A English. Arun Aravind and Swetha K Prasad were selected as the Best Actor and Actress of the College.

**Dr Sandhya** secured first prize for her poem in Malayalam **Varakkunnathengane** in the poetry writing competition organized by Prime India Cultural Forum.

**Sreerag**, III B.Com secured 1<sup>st</sup> prize in **Bharatanatyam** in the **International Dance Festival** held at Thiruvanathapuram and Hyderabad on two different occasions.

The **Department of English** won the **Overall Trophy in Arts**.

In sports, our Yogasana team for women won the first Runner up trophy in Calicut University Yogasana Championship. The team members were Daya Sudhan, Angel Maria, Malavika Priyan, Elrose Varghese, Amrutha Madhavan and Sreelakshmi.

**Angel Maria** has been selected to **Calicut University Yogasana team**.

Our **Yogasana team for men** also secured the first **Runner up Trophy** in the Calicut University Yogasana Championship. The team members were- **Aagney Sunil**, **Athul Vas**, **Nikhil T A** and **Amal P**.

Our Cycling team for men won the first Runner up Trophy in Calicut University Cycling Championship. The team members were- Christin Pullely, Sachin E S, Nelwin Joshy, Jovin Mathew, Jerfin Jainik, Rohan and Vaishanav S Nair.

**Christin Pullely** has been selected to **Calicut University Cycling Team**.

Our College Fencing Team for women secured 1<sup>st</sup> & 2<sup>nd</sup> Runner up Trophies in EPEE and FOIL categories in Calicut University Fencing Championship held at Vimala Autonomous College Thrissur. The following were the members- Neena S, Anjitha Johnson, Serin Rose Sunny, Nasreen Noushad, Jewel K S, Siddhi Nair and Hridya Elizabeth Shaj.

**Neena S** of III B.Sc Psychology secured **Individual Championship** and was selected to **Calicut University Fencing team.** 

**Sachin E S**, III B.Com won **2**<sup>nd</sup> **Runner up Trophy** in Individual Fencing Championship.

**Ashin Babu**, II B.Com won the first **Runner up Trophy** in **Best Physique** in Calicut University.

**Sports Day** was celebrated on January 22 and it was officially inaugurated by Circle Inspector of Pudukad Police Station **Mr Suresh K N**.

The Individual Champions for men and women were Divin D Illikkal, I B.A English and Krishnendhu T R, II B.Com respectively.

The **Overall Trophy in Sports** was secured by **Commerce Department.** 

Under the leadership of Ms Jeetha Johny, the Overall Trophy in Arts and Sports was bagged by the **Department of English**. Hearty congratulations to all the winners.

# **Departmental Activities**

**All the departments** organized several programmes like in the previous years. **The Computer Science Association** was inaugurated by the Senior Consultant and Project Manager, Tata Consultancy Services, Infopark **Mr Naijo Kunjavara**.

The Department conducted various **Workshops** on various subjects such as **Linux Programming** in association with **Red Hat** 

and Placement Training in association with CSCTA.

**Mr Anand Pavithran** and **Mr Jomy P L** led these two workshops respectively.

The Department also organized a one-day Technical Fest on **Whiz Games** and a two day IT Fest on **Digimatazz**.

In connection with **Kerala Piravi**, the Department also organized a **Quiz competition.** 

The second B.Sc Computer Science students celebrated the new-year and had their lunch with the members of Asha Bhavan, Anandapuram.

They also went for Industrial Visit to VIPOINT Solutions, Infopark Kochi.

In association with Ministry of Information & Broadcasting, Government of India, the Department also conducted a one day seminar on **CORONA** VIRUS. The seminar was led by the Chief Medical Officer **Dr U R Rahul**, Health Inspector & Convener of IEC **Mr Binju C Jacob** and the Assistant Director, Field Outreach Bureau, Ministry of Information & Broadcasting, Govt. of India **Mr George Mathew**.

The **Commerce department** organized a number of academic activities such as National and Regional Seminars, several talks on various topics and career guidance.

As part of the National Insurance Awareness Day, the Department organized a one day Seminar on **Scope and Importance of General Insurance**. The seminar was led by **Mr Cibi S**, Divisional Manager of National Insurance Company, Thrissur.

In association with **Bombay Stock Exchange**, the Department also conducted a one day Seminar on **Capital Market**.

**Dr Venugopal** Associate of Lotus Knowlwealth inaugurated the seminar.

The **Commerce Association** was inaugurated by **Dr George A P**, Senior Faculty, Sahrdaya Institute of Management Studies, Kodakara.

In association with **Employment Exchange** Thrissur, the Department organized a **Mega Job Fair** on December 07 2019 at our College.

The Job Fair was inaugurated by the Hon'ble Sub Collector of Thrissur **Ms Afsana Parveen IAS**.

Above 30 Employers were present from various parts of India and above 2500 job seekers registered and took part in the Job Fair.

724 candidates got placement offer from this direct recruitment.

A big salute to the Department of Commerce.

Several programmes were organized by the **Department of Psychology** this year too such as-

a one day Workshop on Research Methodology,

a two day National Seminar on Evolution of Consciousness,

a two day National Workshop on Cognitive Behavioral Therapy,

a one day Workshop on Mental Health,

a one day Workshop on Empowering Teens

and a one day seminar on **Career Guidance and Counseling**.

As part of the **World Mental Health Day**, the Department conducted a talk on How to prevent Suicide, Rally, Flash Mob, Street Play and Oath taking to prevent suicide.

The Clinical Psychologist **Ms Indu S Menon** inaugurated the activities of the **Psychology Association.** 

The Eminent Persons visited in the Department of Psychology during this year were-

Dr Immanuel Thomas, retired HoD, Department of Psychology, University of Kerala,

**Dr Sateesh Menon**, **Dr Shamla S Krishna** both from Heartfulness Education Hyderabad,

Dr Jini K Gopinath, Clinical Psychologist, Mind Matters Bangalore,

Mr Sreehari, Clinical Psychologist Amritha Institute of Medical Sciences Kochi,

**Mr Shameer C K**, the Career Guide and Counselor and so on.

The Department signed a **MoU** with an IT company **XeoScript** stating to exchange services like Employee Testing, Recruitment and Selection, Training and Development and so on.

The activities of the **English Association** were inaugurated by **Dr Beena Manoj**, Associate Professor & Head of the Department of English St Teresa's Autonomous College Ernakulam.

The Department organized several Seminars and Workshops on variety of topics and areas such as

Scope of Public Relations,

**Digital Humanities**,

**Career Options**,

**Creative Writings**,

Challenges in the Field of Public Administration,

**Research Methodology** and so on.

The Eminent Resource Persons handled various sessions were-

**Dr Muralikrishnan**, Associate Professor and Head of the Department of English, MES, College Asmabi , **Dr Beena Manoj**, Head of the Department of English, St Teresa's Autonomous College Ernakulam,

**Ms Deepa**, Faculty in English, TIME Thrissur,

Ms Amrutha Dharman, International Marketing Executive for Popular Foods,

**Mr Amaldev P J**, Assistant Professor in English, Vimala Autonomous College, Thrissur,

Ms Meera C M, Research Scholar of Calicut University

**And Ms Anjana P V**, Associate Account Executive, Brand Factory-Mumbai

The students of II BA English visited Malayala Manorama Printing Press, Aroor, Asianet News and Kerala Legislative Assembly along with Dr Simi Varghese and Dr Binoj Jose.

The Department conducts UGC recognized Add on Program in **Communication Skills in English**.

78 students have enrolled for this programme.

The Electronics Association was inaugurated by **Mr Pradeep Somasundran**, who has been the Principal and Professor of Electronics of College of Applied Sciences, Vadakkenchery.

Being a popular National Singer, he demonstrated **how to learn Electronics through Musical Therapy**. **Mr Diaon Paul**, Software Engineer delivered a talk on **Opportunities in Electronics**.

In association with Kerala Startup Mission,

the Department organized a two day Workshop on Python,

a two day Workshop on Internet and Things,

a one day Workshop on Basic Embedded System

and a one day Workshop on Advanced Embedded System.

The Department conducted two exhibitions-

one at Girls Vocational Higher Secondary School Pudukad

and another one at our own College.

**Rev Fr Raju Chakkanath**, Principal, Don Bosco College Mannuthy inaugurated the second exhibition.

The Department also signed various **MoUs** with

Keltron Department Trivandrum,

Kinetz Technologies Kochi

and **Don Bosco College** Manuathy.

The most attractive and Innovative Practice under taken by the Electronics Department is the **Faculty Members' Visit** to the houses of every student of II B.Sc Electronics.

**Malayalam Association** was inaugurated by **Dr Kalamol T S**, Assistant Professor in Malayalam, Kerala Varma College Thrissur.

The famous Writer **Dr Ajay P Mangattu**, inaugurated the activities of **Hindi Association**.

Under the initiatives of both Departments, several programmes were conducted in connection with **Keralapiravi Celebrations**.

### **Various Clubs & Forums**

Many Clubs and Forums like Quiz Club, Theatre and Film Club, IEDC Club, Art & Craft Club, Music Club, Dance Club, Debating Club, Nature Club, Photography Club, Speakers' Forum and Writers' Forum have been functioning in our College to enable our students to widen their vistas of knowledge, skills and talents and to help them to become academically and professionally competent in the challenging world.

The **Quiz Club** was inaugurated by **Dr Monsy Edward.** 

The Club conducted an inter-departmental guiz competition.

Mr **Antony Jaison** was the Quiz Master.

Quiz Club organized weekly meetings, conducted quiz programmes and discussed new quizzing methods and trends.

The State Award Winner of Drama, Mr Nikhildas Puranattukara inaugurated Theatre and Film Club.

The Club has been known as 'Seventh Art'.

Under the guidance of Dr Simi Varghese several meetings and discussions on films and dramas were conducted.

The **Art & Craft Club** was introduced by Dr Milu Maria Anto with an aim to enhance the creative abilities of the students.

The club members associated with seminar decorations and also participated in an exhibition conducted by NSS.

**Music club** was inaugurated by the Professional Carnatic Vocalist **Dr Sreevalsan Menon**.

**Writers' Forum** was inaugurated by the famous Writer **Dr Ajay P Mangattu.**Several debates were conducted by Debate Club.

**Photography Club** Coordinator **Mr Jose M O** is very punctual in timely uploading the photos in the College website.

#### Women Cell

Under the leadership of **Dr Soumya Starlet**, the Women Cell of our College has been very active.

The activities of the Cell were inaugurated by **Dr Bloom Benny**, MD in Pathology, Assistant Insurance Officer, ESI Dispensary, Koratty.

As part of the inauguration, a talk on **Common Menstrual Concerns of Youth** was conducted by the Guest.

The Women Cell also organized a **Food Fest.** 

Students prepared themselves a variety of food items for the Fest.

The income generated by the Fest was donated to flood related service activities.

A word of gratitude to Writers' Forum Coordinator **Dr E Sandhya**,

Quiz Club, Speakers' Forum and Theatre & Film Club Coordinator **Dr Simi Varghese**,

Art & Craft Club Coordinator Dr Milu Maria,

Music Club Coordinator **Dr Dhanya Menon**,

Dance Club and Women Cell Coordinator Dr Soumya Starlet,

Debate Club Coordinator **Dr Jaya A T** and Photography Club Coordinator **Mr Jose M O**.

#### YIP

YIP means- **Young Innovators' Programme** that was designed by the Government of Kerala during this current year to create a deeper imprint on the academic system in the state.

It exposes young students to the cycle of innovation and promotes a culture of Innovation in Kerala.

Under the able leadership of **Dr Milu Maria Anto**, it has been very efficiently functioning in our College. The College presented 10 ideas in the District level and 5 ideas were selected for presentation at State level

and 2 ideas were selected at the State level, which is really a rare achievement.

The first idea was on Website for Learning Disability Management

and the idea members were Bayana Beevi, Darose Davis, Elizabeth Roy, Amal Christy and Antony Davis and they were supported by Dr Sukanya B Menon and Dr Sonia Sunny.

The second idea was on **Caddies Censa** and the idea members were Anupama Sreekumar, Athira, Lakshmi Madan, John Paul Babu and Ashly Biji and they were supported by Ms Jeetha Johny and Dr Jibish Mathew.

The team leaders attended a **State Level Workshop** at Thiruvanthapuram and met with our Chief Minister.

# **Counseling Centre**

Under the initiative of the department of Psychology a **Counseling Centre** has been functioning in our College since 2014.

Public, students from various schools, referred patients, staff & students of our College are benefitted by this Centre.

Various Psychological tests are also provided to the public.

PG students also assist the Centre during the case study, which enables them to acquire clinical experience.

Under the initiative of the Counseling Centre, several Community Extension Projects were taken place during this year.

With the help of Research scholars, the Centre adopted several schools near to Pudukad and have given proper guidance and counseling to the children.

M.Sc Clinical Psychology students also associated with them.

#### **ASAP**

ASAP (Additional Skill Acquisition Programme) is a State Government initiative launched in the College from 2013.

In order to introduce ASAP, an **Orientation Programme** was given for the first year students and their parents.

The programme was led by the Programme Manager of Thrissur District **Ms Fincy**Francis.

The ASAP classes are handled by **Mr Sathish K Nair** since 2013 and his classes have been well appreciated by all his students. The classes have been monitored by the Programme Coordinator, **Dr Binoj Jose**. 28 students are benefitted this year from ASAP.

#### WWS and SSP

Walk with a Scholar and Students Support Programmes are also State Government initiatives running very successfully in our College. A onetime grant of **Rs 1,37,000**/-towards **WWS** and **Rs 1,07,000** towards **SSP** has been sanctioned to our College during this academic year.

12 external mentoring sessions were carried out in which students got opportunities to interact with experts from different fields.

**Dr Milu Maria Anto** and **Mr Joseph P P** have been the Coordinators of WWS and SSP respectively.

#### **Placement Cell**

Under the guidance of **Ms Ceena Mathews**, the Placement Cell of the College has been facilitating employment opportunities to many of our students during the past years. Besides, the Cell has organized a number of coaching classes and training programmes for all students of the College on various topics related to Higher Education and employability.

The following 25 students got placement in various Multinational Corporations (MNC) during this academic year-

Antony Davis, Manju Benny, Anandu Babu, Jomol T J, Edveena, John Paul, Jeffin Tom, Swetha Rajan, Swetha Saji, Vinayak, Jeena John, Jomol K L, Jismi, Nina Ann Mathew, Austin James, Josina Jocent M J, Nivin P K, Aswathy M S, Flamin Paulson, Joyal Robert, Sreelakshmi E S, Seethal K S, Aswathy T R and Nayanthara K G. Hearty congrats and best wishes to all the winners and special appreciation to the Placement Coordinator Ms Ceena Mathews.

#### NSS

The National Service Scheme is one of the major bodies that provides opportunities for our students to contribute towards the noble task of nation-building. Orientation Programmes, Group Dynamic Programmes, Workshop on UTS Railway Mobile App, Blood Donation Camp, Gardening, Awareness Classes, Patriotic Song Competitions in connection with Independence Day, Aids Awareness Programme, a special Programme on Children's Day at VHSE School Pudukad, Poster Making Competition, Planting of Saplings and organizing Special Camp were the main activities of NSS during the academic year.

As part of community service, our NSS volunteers involved in cleaning flood affected homes and also helped in chlorinating several wells. NSS units collected goods like food materials, clothes, sanitary pads and other stationery items from staff, students and public and handed over to flood affected people of Wayanad. In association with Indian Medical Association, NSS units conducted a **blood donation camp** at our College. Staff and students donated 45 bottles of blood.

Our NSS units were recognized with a special memento for the outstanding performances in the Kerala State Vimukti Mission. The seven-day NSS **Special Camp** was conducted at St George HSS Pariyaram and it was inaugurated by Pariyaram Grama Panchayat President **Mr Jenesh P Jose**. Rev Fr Dr Harshajan Pazhayattil presided over the function. The Block Member Ms Usha, the Ward Member Ms Sindhu and the Principal of St George HSS Pariyaram Mr Shaiju felicitated the gathering during the inauguration.

The major activities during the Camp were survey in connection with Waste Management, classes on Personality Development, Eye Camp in association with LF Hospital Angamaly, cleaning of the premises of the school and riverside road, Paper Pen making, various talks and so on. Special congratulations to the NSS Programme Officers **Dr Soumya Starlet** and **Dr Binoj Jose**.

#### NCC

Our long cherished dream to introduce NCC in our College was partially fulfilled with the enrolment of our 16 students in NCC unit at Veterinary College, Mannuthy. A

team of NCC Officials led by NCC Commanders **Mr P K Soni** and **Dr Chandralingam** visited our College on July 29 and conducted **Interview and Physical Tests** for selecting the students. Regular parades for the cadets were held on all Thursdays, Fridays and Saturdays at Veterinary College, Mannuthy. To our privilege, 13 NCC cadets of our College successfully completed **National Training Camp** at **Meerut** in Uttar Pradesh. A big salute to all our NCC cadets and the NCC Officer in charge of our College **Dr Binoj Jose**.

### Jesus Youth & AICUF

Under the guidance of **Ms Shinta G Nellai**, Jesus Youth and AICUF organized several programmes regularly, such as- weekly Prayer Meetings, Holy Mass on first Fridays, Rosary, distribution of lunch packs to the needy on the roads at Thrissur on all Thursdays and the conduct of various spiritual programmes. These programmes help in maintaining a spiritual atmosphere in the Campus. Under the initiative of Jesus Youth, a special Holy Mass for the retiring staff and final year students was conducted on Friday, February 07 2020. **Rev Fr Dr Jinu Malakaran**, Associate Executive Director and Assistant Professor, Sahrdaya Institute of Management Studies, Kodakara led the Mass with an excellent message.

# **Celebrations**

The College celebrated Yoga Day, Independence Day, Onam, Teachers' Day, Id, Christmas and Founder's Day in a real festive manner. In connection with **Yoga Day**, several yoga demonstration programmes were organized on June 21 2019. **Onasadya** was prepared by the whole staff and students. The Management and the whole students of the College greeted the teaching staff and honored them with mementoes on 5<sup>th</sup> September on **Teachers' day**. As part of **Id celebrations**, Ifthar treat was arranged by the Muslim students of the College. In connection with **Christmas**, Crib, Carol Songs, Card Making, Candle Decoration and so on were conducted and students participated with much excitement and enthusiasm. We also celebrated our **Founder's Day**, the 85<sup>th</sup> Birthday of our beloved Manager **Rev Fr Dr Harshajan Pazhayattil** in an appropriate manner. **Rev Fr Johnson Chalissery**, Parish Priest, St Antony's Church Pudukad inaugurated the celebrations. The whole

staff and students of Prajyoti Family met together and greeted with Birthday Songs to our dear Founder.

### **Alumni Association**

The Alumni, **PRANA** Association plays a vital role in maintaining a very cordial relationship between the former students and teachers. The Annual Alumni meeting was held on October 05 2019. Large number of former students participated in the Meet. The Alumni created a title for the Meet- THIRIKE and variety of posters were created by the Alumni for the programme. THIRIKE, BACK TO COLLEGE, BACK TO **NATURE**, the programme's message and tagine was honestly and successfully implemented by avoiding everything that was plastic. Tree saplings and paper pen containing a seed were distributed among staff and students. The retiring staff- Dr Sandhya E, Dr Paul Chacko, Dr Joju K T, Dr Monsy Edward, Dr Antoo K D and Mr Dor Bahadur were honoured and saluted by the association. The Alumni Association handed over Rs 85,000/- towards NANMA Scholarships to the financially backward students of our College. The Alumni association also donated one laptop to the students of the Department of Computer Science to do their projects. Prajyoti Alumni Meet also held at UAE on November 01 2019. It was really a wonderful experience. Dr Mary Paul, Mr Sujith E S and Dr Soumya Starlet have been reelected as Convener, Vice-President and Treasurer of Alumni Association respectively.

#### PTA & PWTA

Our College has a well-organized **PTA**, which aims at the promotion of the all-round development of the students. All the Parents and Teachers are its members. Class wise PTA was held on 5<sup>th</sup>, 22<sup>nd</sup> and 26<sup>th</sup> of November 2019. **Mr Josy Muringathery** and **Dr Simi Varghese** have been re-elected as **Vice-President** and **Secretary** of the PTA. We also have **PWTA** (Parents Well-Wishers Teachers Association). In the case of the infrastructure development, the role of PWTA is very significant. **Dr Kurian Zakkaria** and **Dr Simi Varghese** have been re-elected as **Vice-President** and **Secretary** respectively.

### Conclusion

As I wind up this Report, I raise my heart in praise and gratitude to Almighty God for all the blessings that He has showered on us. On this occasion, I sincerely thank our Chief Guest the Mimicry Artist Mr **Kalabhavan Satheesh** for having honoured us with his esteemed presence. I also express my sincere joy and gratitude to our Founder Director and Manager **Rev Fr Dr Harshajan Pazhayattil** for his generous support and guidance. I remember with gratitude PTA Vice President **Mr Josy Muringathery**, all the Parents, Well-Wishers and all those who have extended their support in times of need. I record here my sincere appreciation and gratitude to all the Teaching and Non-Teaching Staff for having sincerely helped, supported and cooperated with all the activities of the College. May I also put in a special word of appreciation to the Staff Advisors **Dr Joju K T** and **Dr Simi Varghese** and the Arts & Sports Coordinator **Dr Paul Chacko**.

My sincere gratitude to all the College Union members and all my students, without whose sincere work and co-operation, nothing would have been possible. I conclude this report praying that God Almighty may lead us to the Supreme Light-Prajyotirgamaya.

Pudukad, 25.02.2020

Dr Shaijan Paul Principal

### Psychology association inauguration

Mrs.Indu.S.Menon, Clinical Psychologist Thrissur Inaugurated psychology association on the mental health day 10<sup>th</sup> October 2019. She delivered a talk on suicide prevention. Being a clinical psychologist she detailed on the theme and its prevention methods. It was very informative and spread light on the issue.





**Workshop on Empowering teens** 





A one day Workshop on Empowering Teens in Personality Development was conducted on 4<sup>th</sup> February 2019.Dr.Monsy Edward, HOD, has given welcome address and the workshop was inaugurated by Rev.Fr. (Dr) HarshajanPazhayatil.Principal Dr.Shaijan Paul has delivered the presidential address. Resourse persons of this workshop were the research scholars of psychology department.

# Workshop on Career Guidance and Counseling (07/02/2020)





A workshop was conducted on Career Guidance and Counseling. 30 Participants attended the workshop. MrShameer CK (Career Guide and Counsellor) was the resource Personand he inaugurated the workshop.Dr.Monsy Edward, HOD, has given welcome address. Principal Dr.Shaijan Paul has delivered the presidential address and convenorDr.Milu Maria Anto has given vote of thanks

#### Career aptitude Guidance and Counseling for 3rd year UG students

Prajyoti Clinic at PrajyotiNiketancollege, is being conducting a Career Guidance Counseling for all the 3rd Under Graduate Students. Assessment for all the third year students has completed. PG students have attended workshop on Career Guidance anCounselling by Mr.Shameer

### **Community Extension Projects**

Eight research scholars have proposed individual community projects and all the first year PG students have mentored by research scholars. All the projects are in competing stage.

#### Consultancy

Prajyoti Clinic has started consultancy services. An IT company XeoScript is been approached the Clinic for various services like Employee testing, Recruitment and selection, Training and Development, etc. In

the first phase training is started. Four staffs belonging to the department of Clinical Psychology and Commerce conducted training for employees.

.

### Psyesta 2020 at Rajagiri

Rajagiri College of Social Sciences, Ernakulam, organized a fest for Undergraduate Psychology students on December 6, 2019. There were 19 students from 1st 2nd and 3rd B.Sc Psychology participated in various events.

Three students from 3rd B.ScWon the 1st Prize in Quiz Competition. Names of winners are Christeena, Akshaya and Anjitha

### Young Psychologist and Emerging Psychologist Competition

Manu Ramachandranfrom 2nd year B.Sc Psychology got selection in Young Psychologist Research paper Competition and participated in the competition which held in Bangalore Chirst University on 1/2/2020.

Four students Ashley, Aneena, Minnu&Giftyfrom 2nd year B.Sc Psychology got selection in Emerging Psychologist Research paper Competition and participated in the competition which held in Bangalore Chirst University on 1/2/2020.

**DayaSudhan**, 3<sup>rd</sup> year psychology student was awarded best NSS volunteer in Calicut university and got father josechungankalalayarathna award from Christ college Irinjalakuda

Activities by research committee 2019-2020







Release of first semester BSc Psychology statistics textbook, Descriptive statistics written by Dr. E Sandhya was done on 29 october 2019. Dr.Jojomon N A, HOD, commerce, Panampillycollege,Chalakudy and President Calicut university cooperative society publications released the book. Dr, Sukanya B Menon, co coordinator of research committee has given welcome address. Principal, Dr Shaijan Paul delivered presidential address, and Dr.Nice Mary Francis, Asst.Professor has given felicitation. A memento has been given to honour Dr.Esandhya for her contribution in literature and research.





Reception for the New PhD holders were given to Dr.Simi Varghese and Dr.Antoo K D at 15.01.2020. Dr.Esandhya has given welcome address and presidential address was given by Rev.Fr.(Dr) HarshajanPazhayatil. Felicitations were delivered by Principal Dr.Shaijan Paul, Dr.Mary Paul and Ms.Rosemary P.G.

### WOMEN CELL REPORT

Women's cell inauguration was done On 25<sup>th</sup> july 2019 by Dr. Bloom Benny (MBBS.MD in Pathology Assistance Insurance Officer. ESI Dispensary Koratty). The programme was started with prayer song by Arathy S Kollara. Dr. Soumya Starlet C T Women cell coordinator welcomed the gathering. Dr. E Sandhy delivered presidential address. Seminar on "COMMOM MENSTRUAL CONCERNS OF YOUTH" was taken by Dr. Bloom Benny. Pavithra Joseph (2nd Msc Clinical psychology student) delivered vote of thanks.

Food fest was conducted by women cell on 4<sup>th</sup> september. Nearly 15 stalls were put by students with variety of food. Collected amount were contributed to flood related service activities.







# Prajyoti Niketan College, Pudukad National Service Scheme Unit No.85 & 183

**Seven Day Special Camping Programme, 2019** 

From 6th September to 12th September 2019 at St. George 's Higher Secondary School Pariyaram

NSS Seven day special camping programme in the year 2019-2020 has been held during 6<sup>th</sup> to 12<sup>th</sup> September 2019 at St. George 's Higher Secondary School Pariyaram.

### Major activities

- Personality development classes
- Eye camp
- Cleaning activities
- Vegetable gardening
- Awareness on plastic use and waste management
- River side road development and cleaning
- Paper pen making training
- Old age home visit
- Thumboormuzhi waste management plant visit and awareness programme
- Discussions & debates
- Cultural activities

The inaugural ceremony was started with NSS song. NSS Program Officer Dr. Soumya Starlet C T welcomed the gathering. Pariyaram Grama Panchayath President Shri. Jenesh P Jose inaugurated the camp by hoisting the NSS flag. He delivered the inaugural speech and outlined the role of the NSS in social service and community activities. The Founder and Managing Director of Prajyoti Niketan College Fr. Harshajan pazhayattil Presided over the function. Block Member Mrs. Usha, Ward Member Smt.Sindhu, Principal St George's HSS Pariyaram Sri. Sijo, PTA President St. George HSS Pariyaram Sri. Shaju and NSS secretary Abhishek P R were felicitated in the function. NSS Program Officer Dr Binoj Jose concluded the meeting with vote of thanks. Food committe prepared the Lunch. The camp and surroundings were cleaned by NSS volunteers. A review of camp activities and group discussions were took place from 6 p.m. to 7.30 p.m. The cultural programs were organized by the Cultural Committee. After the lunch the meeting dispersed.

# **NSS special camp Inauguration**



# World environmental day Celebration

June 5<sup>th</sup> world environmental day programme was celebrated in association with Vriksha Mithra. Tree saplings are distributed and planted in the college. An awareness class about world environment day was delivered to the

NSS volunteers. Posture making, Malayalam poem recitation, speech competition were conducted related to environment day theme.





### **Orientation class**

An orientation porgramme to the NSS volunteers was conducted on June 15. Trainer Sree Krishnan from Christ College Irinjalakuda conducted a class on the topic "How to become a true NSS Volunteer". 75 volunteers participated in the programme.





# Vegitable gardening



### Reading week celebration

Reading week was celebrated by various programmes in our college by NSS volunteers. NSS volunteers conducted posture making competition, Malayalam recitation, reading quotes and debates reminding the importance of reading.



### **International Yoga Day**

In connection with the Yoga day an Orientation class on 'Yoga and Mental Health' was organized by the NSS on 21<sup>th</sup> June 2019. The class was conducted by MR. Rohan Menon Yoga trainer "Inspire to Win Team" Amballur. 150 students and 20 teachers were participated in the program. The class include practical demonstration and theoretical orientation about different Asanas in yoga.

12 students were participated in district level yoga demonstration programme at St. Thomas college Thrissur on 21 st june from 7 am to 9 pm. They also got the certificates.







### International day against drug

International day against drug was celebrated on June 26 by anti drug campaign and Antidrug day class. The class was conducted by Dr. Monsy Edward clinical Psychologist to the NSS volunteers and other students.



# Swachh Bharat Summer Internship (SBSI) zero waste programme Thrissur

Our NSS volunteers actively participated in Swachh Bharat Summer Internship (SBSI) zero waste programme Thrissur reduse reuse and recycle and actively involved in the plastic waste collection at Thrissur Thekinkad ground July 28<sup>th</sup> 2019.



# Plastic waste collection and notice distribution in connection with SBSI

Plastic waste collection and notice distribution at college and Pudukad market

Notice distribution about waste management at Pudukad market on 30th July

# Plastic waste collection at Pudukad market





### Participation in flood relief camps and cleaning works

Nss volunteers of Prajyoti Niketan college actively participated in the rehabilitation camps at Irinjalakuda, Chalakudy, Mannuthy, Thrissur, Wayanad, Balussery, payyannur Kannur, and Perambra Kozhikod. Nss volunteers of Prajyoti Niketan college atively participated in the collections points at Irinjalakuda, Chalakudy, Mannuthy, Thrissur, and Prajyoti Niketan college Pudukad for the sorting and packing of flood relief items for Vayanad and Maalpauram. They involved in cleaning flood affected homes and purifying wells.

# **Collection points**

Prajyoti Niketan college NSS units collected flood relief items from students, teachers and neighbourhood individuals, institutions and shops from Pudukad Gramma Panchayath and we got a Pick up full items. handed over it to Vayanad. The items include food materials, mineral water, clothings, sanitary pads, soaps and detergents and other stationary items.







# Independence day celebration

Prajyoti Niketan college NSS volunteers celebrated Independence day with various activities. On August 15<sup>th</sup> flag hoisting was done in the college. Sweets were distributed. In association with Taluk hospital pudukad "Swachhta Pakhwada" celebration related to Independence day were conducted. An awareness session were conducted by health inspector Taluk hospital Pudukad.NSS volunteers Actively involved in the cleaning activities of Taluk hospital Pudukad. Nearly 85 volunteers participated.











### **Patriotism and Nation Building Speech competions**

NSS in association with Nehru Yuva Kendra Thrissur conducted speech competions on the topic "Patriotism and Nation Building".9 students participated and first ,second and third prize winners send to the district level competitions.



# Indian Youth delegation Programme Tajikistan

NSS volunteer Daya Sudhan represented India in Indian Youth delegation to Tajikistan from sep 17- to sep 27. She and the team met Ambassadar of Indian Embassy Tajikistan and She performed classical dance in front of them.





### NSS Award for Best NSS volunteer

Our NSS volunteer Daya Sudhan received the award for Best NSS volunteer in the Calicut university on  $11^{th}$  November in the NSS award distribution ceremony at Calicut University.





**Pudukad Railway Station Cleaning** 



Jendumalli Flower harvesting

Jundumalli flower saplings were Planted by NSS volunteers and it was harvested in the month of August.







### **Blood donation camp on October 9**

NSS units of Prajyoti Niketan college in association with IMA blood bank Thrissur conducted a blood donation camp at College auditorium. A team of seven members with doctor from IMA blood bank Thrissur came to college with all equipments for blood donation camp. The programme started with NSS song. Dr. Binoj Jose, NSS PO welcomed the gathering. The programme was inaugurated by Dr. Shaijan Paul Principal Prajyoti Niketan College pudukad. Dr. Balakrishnan IMA Thrissur and Ms. Eva Maria Jaison Vice chairperson felicitated the functions. Dr. Soumya Starlet C T, NSS PO extended the vote of thanks. 45 students including teachers donated blood.





## SAPC CON 2019

29 NSS volunteers from Prajyoti Niketan college were participated in 3 days SAPC CON 2019 organized by Alpha Palliative Care Society Thrissur on 7th, 8th, and 9th November 2019. The venue was at Kerala Sangeetha Nadaka Academy . There were many dignitaries and students from both south and north india to be a part of the 3 day camp. The programmes include orientation classes, seminars, field works, home visits of patients, interactions with patients, and cultural programmes. It was a great experience to the NSS volunteers.

## Childrens day celebration

As part of the Children's Day celebration on November 14<sup>th</sup>, NSS Volunteers went to our adopted village school ,GOVT. VHSE School, pudukad, to celebrate Children's Day with the wards in LP section. Miss Usha, Headmistress of LP section gave a felicitation. NSS mentor, Dr. Soumya Starlet C T started the celebrations by playing a wonderful brain teaser with the kids. NSS volunteers conducted veriety of programmes and games Programs like Pick a Chocolate, The beauty and bindhi, music chair, speech completion and fun games. Prices were distributed to the winners. All kids were given cards and sweets. Everyone enjoyed playing with the kids. The faculty and staff in the school have invited us to conduct more such programs.





#### TRAINING WORKSHOP ON UTS RAILWAY MOBILE APP

Training workshop on uts railway mobile app was conducted for NSS volunteers on 15th November 2019. It was led by Chief Commercial Inspector of Southern Railway Thrissur Mr.Prasoon S Kumar. The programme began by NSS prayer by the NSS volunteers followed by welcome address by NSS programme officer Dr.Binoj Jose, Presidential address by Dr.Shaijan Paul (Principal). The inaugral speech was delivered by Mr.PrasoonKumar. followed by the felicitations by Vijakumar Puthukattil ( president of train passengers association Pudukad) and Arun Lohithakshan (secretary of train passengrs association Pudukkad. The session focused on the implimentation of UTS app which provides us with the informations regarding the train service. we can book paperless tickets through UTS, can buy or renew the season tickets and platform tickets,can book the ticket within the radius of 5 km of a station,it also offers a 5% bonus on every wallet recharge, this facility is available across all zonal railways. The program came to an end by the vote of thanks by Dr.Soumya Starlet ( NSS Programme Officer).

Our NSS volunteers went at Thrissur railway station and Pudukad railway station for giving training for the passengers on UTS railway app and installed its application on passenger's mobile phones for tickets booking and railway timings.





# ആഷിന്റെ പ്രചാരകരായി വിദ്യാർഥികൾ

പുതുക്കാട് > ഗ്രാമീണമേഖലയിൽ റെയിൽവേയുടെ യു.ടി.എസ്. ആപ്പിൻെറ പ്രചാരകരാകുകയാ ണ് ഒരുകൂട്ടം വിദ്യാർഥികഠം. റെ യിൽവേ സ്റ്റേഷനുകളിൽനിന്നു ള്ള എല്ലാ യാത്രാടിക്കറ്റുകളും പ്ലാ റ്റ് ഫോം ടിക്കറ്റുകളും സീസൺ ടി ക്കറ്റുകളും യു.ടി.എസ്. ആപ്പിൽ ലഭിക്കും. പുതുക്കാട് റെയിൽവേ സ്റ്റേഷൻ പരിസരത്ത് ആപ്പിൻെറ ഉപയോഗം നൽകുകയെന്നതാ ണ് പ്രചാരണത്തിൻെറ ലക്ഷ്യം.

സതേൺ റെയിൽവേ തൃശ്ശൂർ കൊമേഴ്സൃൽ വിഭാഗവും പു തുക്കാട് പ്രജ്യോതിനികേതൻ കോളേജ് എൻ.എസ്.എസ്. യൂ ണിറ്റും ചേർന്നാണ് പദ്ധതി നട പ്പാക്കുന്നത്. പുതുക്കാട് ടെയിൻ പാസഞ്ചേഴ്സ് അസോസിയേഷ ൻറ നേതൃത്വത്തിലാണ് പ്രചാര ന്ന നടത്തുന്നത്.

പദ്ധതിയുടെ ആദ്യഘട്ടത്തിൽ



് പുതുക്കാട് വിദ്യാർഥികù <mark>റെയിൽവേ</mark> യു.ടി.എസ്. ആപ്പിൻെറ പ്രചാരണത്തിനിടയിൽ

ദക്ഷിണ റെയിൽവേ തൃശ്ശൂർ ചീഫ് കൊമേഴ്സ്യൽ ഇൻസ്പെ കൂർ പ്രസൂൺ എസ്. കുമാർ ക്ലാ സെടുത്തു. എല്ലാ ആഴ്ചയിലും വിദ്യാർഥികഠം പുതുക്കാട് റെ യിൽവേ സ്റ്റേഷനിൽ യാത്രക്കാർ ക്ക് ആപ്പ് ഡൗൺലോഡ് ചെയ്യു നൽകും.

പുതുക്കാട് ടൗൺ, ആമ്പ ല്ലൂർ, ചെങ്ങാലൂർ, തൊട്ടിപ്പാരം, ഊരകം, ആറാട്ടുപുഴ, പാഴായി തുടങ്ങിയ പ്രദേശങ്ങളിലും വി ദ്യാർഥികര ഗ്രൂപ്പുകളായി പ്രചാ രണം നടത്തും.

## **Constitution day**

November 26<sup>th</sup> NSS volunteers observed constitution day. NSS PO Dr. Binoj Jose, Asistant Professor Dpt of Political science gave a talk on significance of constitution day to NSS volunteers. NSS volunteers explained different articles in the constitution to the students.



## Vimukthi programme

85 NSS volunteers were actively participated in the walkathlon with placards in connection with Vimukthi Programme of Excise dpt on November 24th. Kerala state Vimukti mission had organized several programs on 24th November 2019 at Thrissur Thekkinkad maidan for spreading the awareness against alcoholism and drug abuse. Addiction-free Kerala was the aim of this program. The program began at 9 am with a flash mob followed by a walkathon. Students from various colleges and organizations were present at the event. The NSS volunteers of Prajyoti Niketan College were present at the event representing our college. We reached the venue at 8:45 AM, collected our jerseys and started the walk holding the placards and spreading the message of a drug-free society at 9:30 AM from Vidyarthi corner of Thekkinkad maidan. The walkathon got great attention from the people and we headed to the town hall for the official ceremony. The official inauguration ceremony started at 9:30 and lots of important personalities including government authorities, employees of various departments and political leaders were present at the official event. We were audience to the event and we found the program very helpful in providing awareness to the society. Minister A.C. Moideen inaugurated the function and made a wonderful speech on the importance of drug addiction awareness in modern society. Adv. V.S Sunil Kumar (minister for Agriculture in Kerala), Smt.Ajitha Vijayan (Thrissur District mayor), Smt. Mary Thomas (District panchayath president), Shri. S. Shanavas IAS

( Thrissur District collector), Kudumbasree Mission District coordinator and District project officer made their notable presence in the inauguration ceremony.





#### AIDS DAY REPORT

NSS units of Prajyoti Niketan college in association with Red Ribbon club observed World Aids day with various Programmes. The programme started with NSS song. The NSS Programm Officer Dr. Somya Starlet welcomed the gathering. Principal Dr. shaijan Paul did oath to the students. NSS volunteers did flash mob related to AIDS Day theme. Trainer and research scholar MS. Lipi took an orientation class on the topic "Aids, The Community Make the Differences". NSS volunters demonstrated the causes and Remedies for AIDS. Charts are also prepared by the students and displayed.





## **Energy conservation day**

National energy conservation day was being celebrated on December 13th in association with ESAF bank, and Ministry of energy management at Pudukad town. Students performed flash mob, prepared placards, and collected signature foe energy conservation. NSS Programme officer Dr. Binoj Jose led the pledge on enegy conservation .







## **Awareness Programme on Anti Drugs**

The NSS units (85and 183) of Prajyoti Niketan College, Pudukad-Thrissur organized an **Awareness Programme on Anti Drugs** on 16/01/2020. The NSS Programme Officer Dr. Soumya Starlet welcomed the gathering. The Vice Principal Dr. Sonia Sunny led the pledge on anti-drugs. While addressing the gathering she urged the students to actively involve in anti-drugs campaign and save our society. NSS volunteers as well as other students of the College participated in the programme. Dr. Binoj Jose NSS programme Officer thanked the gathering.



## Achievements of Dr.E.Sandhya for the academic year 2019-2020

## Books

- 1. For U.G students of Psychology of University of Calicut, titled
  - (i) Descriptive Statistics

- (ii) Regression Analysis and Probability Theory
- 2. Another book titled Ammayullathinal, a collection of poems was published in 2019 December.

## Papers published

- 1. Latha C M and Sandhya E (2019): Compound Harris Distribution, Journal of Emerging Technologies and Innovative Research (JETIR), Volume 6, Issue 6www.jetir.org www.jetir.org (ISSN-2349-5162) ISSN impact factor 0.435
- 2. Sandhya E and Latha C M (2019): Compound Extended Geometric Distribution and Some of Its Properties, International Journal of Statistics and Probability, Vol. 8, No. 3, doi:10.5539/ijsp.v8n3p96 ISSN: 1927-7032, Google-based Impact Factor (2018): 2.7
- 3. Latha C M and Sandhya E (2019): CG and CEG Distributions with Uniform Secondary Distribution, International Journal of Scientific and Research Publications, Volume 9, Issue 12, December 2019 ISSN 2250-3153

## Papers presented

- 1. Presented a paper tited CG and CEG Distributions with Uniform Secondary Distribution at an international conference conducted by University of Kerala on 18-12-2019 at Thiruvananthapuram
- 2. Presented a paper titled *Krishna in Mohiniyattam* at a national seminar conducted by Vrindavan research institute, U.P on January 21,2020

#### Awards-Literary

Sagaranidra, Collection of poems received Chathannoor Mohan Foundation Award and Ayyappan Kavithapaddana Kendram Trust Award in 2019.

Anantharam Charulatha, short story collection received Edassery Award in 2019.

Poem titled Varakkuvathengane received the first prize the literary competition conducted by the Prime India cultural forum.

#### **Extension Lectures/Talks**

1) Markov Chains: Talk at Mar Thoma College, Perumbayoor on September 2019.

- 2)Application of Statistics in Predicting Results of Election, invited talk at National Seminar on Statistical Innovations: New Dimensions and Understanding, Govt. College for Women, Thiruvananthapuram, 12<sup>th</sup> November 2019.
- 3) Gave a talk on the scope of statistics at Sree Kerala Varma College Thrissur to plus 2 students on 31-01-2020

#### Chaired

Chaired a session Department of Statistics organizing a National Seminar on Statistical Approaches in Data Science during 6-7 Feb 2019

#### Attended

- 1) National seminar on Evolution of Consciousness, Prajyoti Niketan College, Pudukad, 2019.
- 2) Workshop on Cognitive Behaviour Therapy at Prajyoti Niketan College, Pudukad, Thrissur in September 2019.
- 3) Workshop Research Methodology, Prjyoti Niketan College, Pudukkad, July, 2019

## Prajyoti Niketan College Placement Cell

The following students got placement in various Multinational Corporations (MNC) during the academic year 2019-2020.

S.No	Name	Class	Institution/ Company
1	Antony Davis	III B.Sc Comp. Sc	Deloitte India
2	Manju Benny	III B.Sc Comp. Sc	Deloitte India
3	Anandu Babu	III B.Sc Comp. Sc	TCS, Wipro
4	Jomol T.J	III B.Sc Comp. Sc	TCS, Infosys
5	Edveena	III B.Sc Electronics	TCS
6	John Paul	III B.Sc Electronics	TCS,Wipro
7	Jeffin Tom	III B.Sc Electronics	TCS

S.No	Name	Class	Institution/ Company
8	Swetha Rajan	III B.Sc Comp. Sc	TCS
9	Swetha Saji	III B.Sc Comp. Sc	TCS, Wipro
10	Vinayak	III B.Sc Comp. Sc	TCS
11	Jeena John	III B.Sc Comp. Sc	Cognizant Technology Solutions (CTS)
12	Jomol K. L	III B.Sc Comp. Sc	Infosys
13	Jismi	III B.Sc Electronics	Infosys
14	Nina Ann Mathew	III BA English	Goan Institute
15	Ritta Tony	III BA English	Goan Institute
16	Austin James	III BA English	Goan Institute
17	Josina Jocent M J	III B.Com	Goan Institute
18	Nivin P.K	III B.Sc Electronics	Wipro
19	Aswathy M.S	III B.Sc Electronics	Wipro
20	Flamin Paulson	III B.Sc Electronics	Wipro
21	Joyal Robert	III B.Sc Electronics	Wipro
22	Sreelakshmi E.S	III B.Sc Electronics	Wipro
23	Seethal K.S	III B.Sc Comp. Sc	Wipro
24	Aswathy T.R	III B.Sc Comp. Sc	Wipro
25	Nayanthara K.G	III B.Sc Comp. Sc	Wipro

**Ceena Mathews Placement Officer** 

One day Workshop on Women Confidence Training on  $26^{\rm th}$  February 2020 at 9.30 am By Ms Anjuman Bhanu



Cloth & Paper Bag Training on 26<sup>th</sup> February 2020 at 1.30 pm

