

# PROJECT REPORT

Toxicity and violence in romantic relations

By group 7

The community project presentation was an innovative idea proposed and developed by the psychology department of PRAJYOTHI NIKETAN COLLEGE. This project aims at providing service to the community in the context of psychology.

## PROJECT GOAL AND RESEARCH METHOD

The project goals were to analyse the factors behind increasing violent behaviours in relationships and the impact of toxic relationships in mental health of an individual.

The research method we adopted was content analysis. We studied about 27 cases from sources like newspapers and medias. The common behaviours of violence and other pre attacking behaviours were observed.

## CONCLUSION

The project concluded with discussing the importance of healthy relationships . The emphasis was also on the need of psychological help to treat obsessive and aggressive behaviours.



PROJECT  
PRESENTATION  
**TOXICITY  
& VIOLENCE IN  
RELATIONSHIP**

» An analysis on the cases of physical and psychological violence & abuse in romantic relations  
» join us to discuss the impact of toxic relations on the mental health of the individuals

**Group7**  
2nd year Bsc Psychology ,2021-24

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Organized by department  
of psychology  
Prajyoti niketan college,  
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**Date:13/07/22**  
Time: 3.30pm-4pm  
Prajyoti niketan  
college

