

Academic Orientation Program & Counselling Session for SSLC Students

PRAJYOTI NIKETAN COLLEGE
(Govt Aided. Affiliated
to the University of Calicut)

Post Graduate & Research Department of Psychology
Organizes

**Academic orientation program & counseling
session for SSLC students**

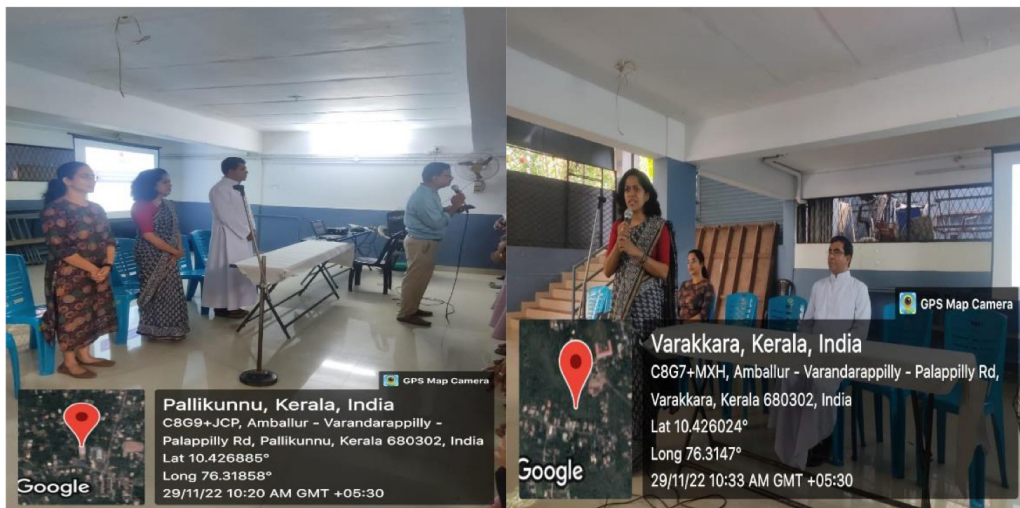
In association with
CJM ASSUMPTION HSS, VARANDARAPPILLY
Fr.GEO KADAVI (MANAGER)
JOPHY C. MANJALY (HEADMASTER)

Organizing Team: Prajyoti Niketan College	Orientation Session by:
Dr. Binu P Chacko Principal	Ms.Pulari Rohit Rehabilitation Psychologist Research scholar
Dr. Milu Maria Anto Coordinator & HOD Dept. Of Psychology	Counselling session by: Research Team & Post Graduate Trainees

Post Graduate and Research Department of Psychology at Prajyoti Niketan College, Pudukkad in association with CJM Assumption HSS Varandrapilly, conducted an academic orientation cum counselling session for SSLC students on 29/11/2022, Tuesday. The program has been coordinated by Dr Milu Maria Anto, HOD of Psychology Department, highlighted with orientation session taken by Ms Pulari Rohith Rehabilitation psychologist & Research scholar along with counselling session taken by 18 Post graduate students. The program addressed academic related stress in students and provided awareness on stress management & different learning techniques.

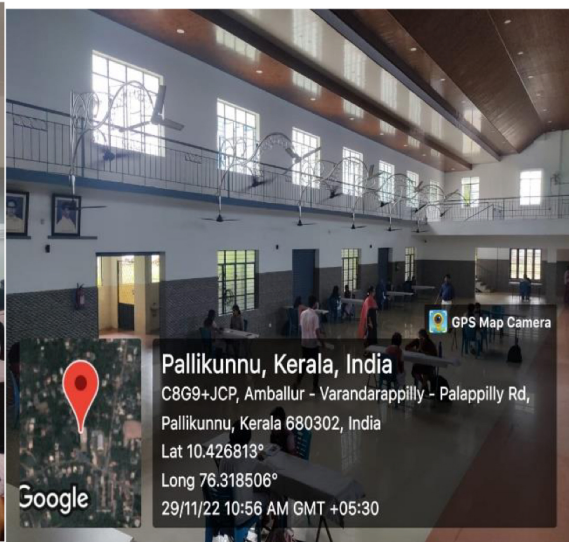
The program has commenced with Presidential speech by Fr Geo Kadavi, the manager of CJM Assumption HSS, Varandarapilly. Jophy C Manjaly, the principal has pointed out the aim and need of session to the students. Dr Milu Maria Anto has delivered a speech on negative influence of academic related stress among children. Thereafter the program carried out by Ms Pulari Rohit, which last for two hours. Simultaneously, post graduate students has taken up the counselling for students who are recommended by school authority under the guidance of Dr Milu Maria.

The counselling session has addressed various issues faced by the students such as academic stress, learning difficulty, maladaptive behavioural issues, family and relationship issues. The emergency cases have brought to the awareness of school authority and directed to Prajyoti clinic under the supervision of Dr Milu Maria Anto. The school authority had requested a follow up session before the commencement of board examination.





Pallikunnu, Kerala, India
C8G9+JCP, Amballur - Varandarappilly - Palappilly Rd, Pallikunnu, Kerala 680302, India
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Long 76.318593°
29/11/22 10:18 AM GMT +05:30



Pallikunnu, Kerala, India
C8G9+JCP, Amballur - Varandarappilly - Palappilly Rd, Pallikunnu, Kerala 680302, India
Lat 10.426813°
Long 76.318506°
29/11/22 10:56 AM GMT +05:30



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C8G9+JCP, Amballur - Varandarappilly - Palappilly Rd, Pallikunnu, Kerala 680302, India
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Long 76.318548°
29/11/22 10:57 AM GMT +05:30

ACADEMIC ORIENTATION PROGRAMME &
COUNSELLING SESSION FOR SSLC STUDENTS
VENUE - CJM ASSUMPTIONS HSS
VARANDARAPPILLY

Date: 29/11/2022

Following students conducted Counselling Session

MSc Ist Years

- 1) Aishwaki B ~~Ad~~
- 2) Aleesha Joy ~~AdP~~
- 3) Aneesha Sulthana. S.H. ~~Ad~~
- 4) Anjana. P ~~Ad~~
- 5) Dona. Joji ~~Ad~~
- 6) Fabeema Farhath N.P ~~Ad~~
- 7) Fathima Dilsha P ~~Ad~~
- 8) Haritha Vasudevan ~~Ad~~
- 9) Meera Nair ~~Ad~~
- 10) Riya. T. J ~~Ad~~
- 11) Joseph Steve ~~Ad~~

MSc IInd Years

- 1) Anshida Rinsi. P ~~Ad~~
- 2) Divya. K ~~Ad~~
- 3) Haneena. C.P ~~Ad~~
- 4) Ilakiya. D ~~Ad~~
- 5) Nunu Lujaina ~~Ad~~
- 6) Shada Nadeem P ~~Ad~~
- 7) Sneha Maria Sunny ~~Ad~~

Time: - 9:30 - 2:30.