

## **INDUSTRIAL VISIT TO MENTAL HEALTH CENTRE**

### **THRISSUR**

20 February 2023

On 20<sup>th</sup> February 2023, 39 final year BSc psychology students and 3 second year MSc Psychology students along with two faculties (Dr. Milu Maria Anto & Dr. Sukanya B Menon) of Prajyoti Niketan College, Pudukad visited the mental health centre of Thrissur located in West fort, Thrissur. The session started at 10am with an orientation class by Dr. S V Subramanian, Chief Psychiatrist and Dr. Raheemudheen, Chief psychologist of the institution. They gave a brief idea about the history, working of the institution, facilities of the institution etc. After that we were given a tour of the institution by the interns of the institution. They gave a brief idea about the inmates, their daily activities, the working of the institution etc. we were given the opportunity to interact with some of the inmates. The team of the mental care institution was very lively. They are the success behind the smooth functioning of the institution. After the tour we assembled in the hall for clearing the doubts. Students had asked questions regarding the institutions functioning, the doctor's experience and the challenges they are facing. It was a very novel experience for the students. It was very helpful to see in person the practical version of what they studied in texts. The session ended with the vote of thanks by Anna Treasa of final year BSc Psychology.





Institutional Visit  
 Gert. Mental Health Centre, Westfort,  
 Thiruvananthapuram

DATE :- 20/2/23      TIME - 10 - 1:30pm

Accompanied Teachers - Dr. Milu Manna Anto  
 and Dr. Sukanya B. Menon

PARTICIPANTS	CLASS	SIGNATURE
1. Malavika Menon	III B.Sc PSY	
2. Anu Elisabeth V.S	"	
3. Sandra Jashy	"	
4. Sruthi I.S	"	
5. Prema M. M	"	
6. Laya Babu	"	
7. Delna Parig	"	
8. Christeena Unny	"	
9. Susan Soseel	"	
10. Sanjya Davis	"	
11. Arathi Mohan M.V	"	
12. Akifah Jansheed Hamza	"	
13. Anu Mixium Gonsalves	"	
14. Arswanya K	"	
15. Jayathisi V. Binu	"	
16. Christa Maria	"	
17. Arswanya K.d	"	

18	Anusree R.R	III <sup>rd</sup> BSc Psychology	Anusree
19	Sridhara P	III <sup>rd</sup> BSc Psychology	Sridhara
20	Elizabeth Benny	III <sup>rd</sup> BSc Psychology	Elizabeth
21	Aaliya Ameen	III <sup>rd</sup> BSc Psychology	Aaliya
22	Anna Therese Taison	"	Anna
23	Ananova Benny	"	Ananova
24	Aiswarya Swil	"	Aiswarya
25	Husna	"	Husna
26	Nikhila Subramanian	"	Nikhila
27	Mohammed Saif Zidan	"	Mohammed
28	Maya Keishuan CH	"	Maya
29	Keethika Pradeep	"	Keethika
30	Meera Mohital	"	Meera
31	Vismaya	"	Vismaya
32	Samah	"	Samah
33	Maryc Thomas	"	Maryc
34	Gousi Nandhan	"	Gousi
35	Liya Treasa	"	Liya
36	Grace Saji	"	Grace
37	Diya	2 <sup>nd</sup> M.Sc psy.	Diya
38	Sheha Maria Sunny	"	Sheha
39	Ilakiya D	"	Ilakiya
40	Lakshmi P.D	III <sup>rd</sup> BSc Psychology	Lakshmi
41	Anwathi P.D	"	Anwathi
42	Aparna Sureshan	"	Aparna

Dr. Sukanya B Menon

Dr. MUR MARIA ANTO