## Report on 'Nurturing Young Minds'

A seminar on 'Nurturing Young Minds' was held on December 22, 2022 from 1.30 pm to 4 pm in the Assisi Hall, for the teaching staff of Prajyoti Niketan College. The Resource Person for the day was Dr S V Subramanian, Senior Consultant, Government Mental Health Centre, Thrissur. Dr Subramanian spoke at length about the relevance of the subject, the physiological and psychological development of young teenagers, the personal, social and academic challenges they faced and the importance of the mentoring process. He also suggested methods of how to listen empathetically, the significance of confidientiality and strategies that may be used to deal with issues faced by the students. The session was enlightening and an animated discussion followed, in which many teachers asked for suggestions regarding their experiences with their students. The meeting came to an end at 4pm. The programme was organized by the Mentoring Committee comprising of Dr Mary Paul (Convenor) and Dr Sukanya B Menon (Organizing Secretary).



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Pudukad, Thrissur - 680301
www.prajyotiniketan.edu.in



## SEMINAR ON NURTURING YOUNG MINDS

Exclusively for Teachers



DECEMBER 22, 2022 | 1.30 PM VENUE: ASSISI HALL

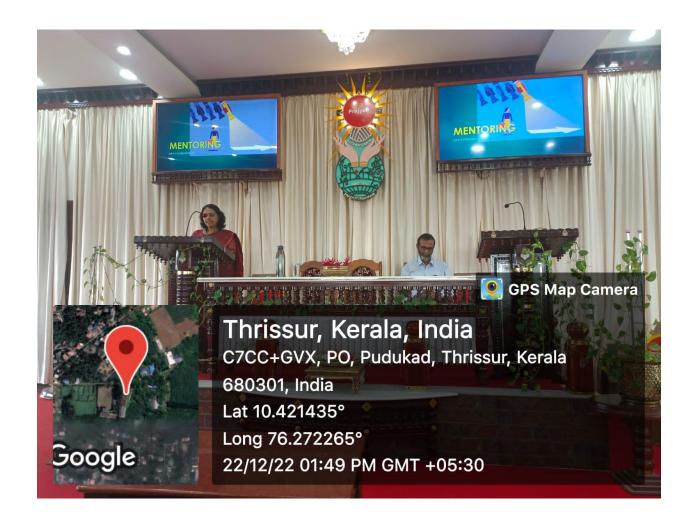
Organizers: Mentoring Committee

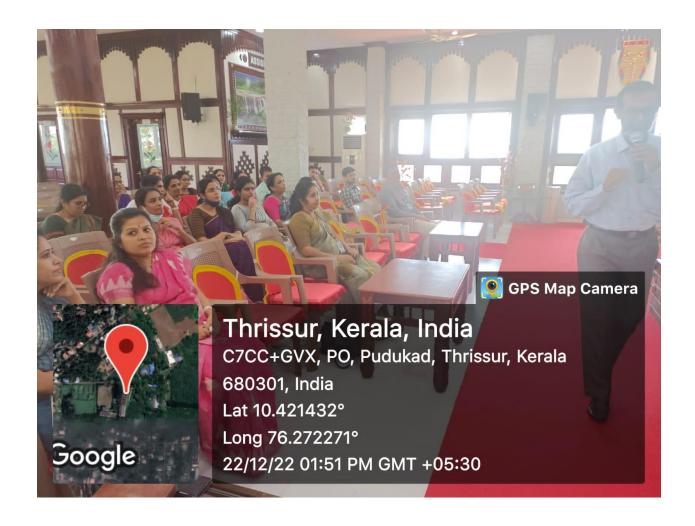
**Dr Binu P Chacko** Principal

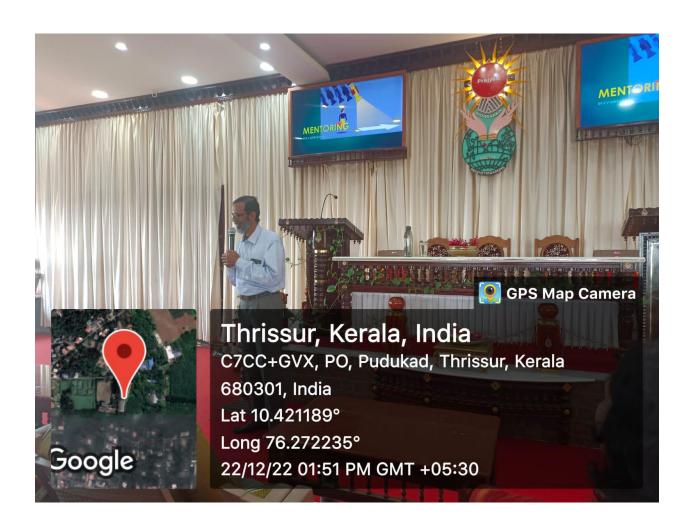


Dr Mary Paul Convenor **Dr Sukanya B Menon**Organizing Secretary









A Seminar On Neurturing Young Hinds Resource Person: Dr. S. V. Subramanian Venue: Assissi Hall Date: 22/12/2022 Signature Department Participants Biolo Atha Biji Tha Vincent Phy Edn lower PSYCHOLOGY DR MILU MARIA ANTO Psychology Sreelakshmi M.N English 4) Ayin Davis Tonomalism Dr Simi Varghen English 6) Teaths Johns Changeds Island Psychology Dr. SoumYA STARLET C.T 8) Dr NICE MANY Deychology English Tresa Peter Suelakshm N Statistics Umaderi. K. S Elechonis Deepthi in p.y hardy (omp. Science 15) Riney 7 A. Pin Comp. Science Ceena Mathews leef: Comp. Se 14 (D) Dhanya Anto Anjono Jayan Comp. Science 15) Oly" Comp Swence 16) Shinta . Cr Nellen. Malayalam gei 17. Dr. Sonia Lunny Computer Science Larry .

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Participant Department Mathematics Dr. Jinto James COMMERCE do. HIMA VINCENT Commerce Dr. Renjith.R. 21. Commerte Alan Lukose 22. psychology 23. Dr Jaya A T Electionia Jubish Mathew 24. hary 25 Kavya Hunde Commerce George Jon 26 -27. P.P Joseph Deckens 28. Dr. Bing Jao Political Sec (Dr Hay Pal) (Dr. Sukanya B Menon)

Convenor

Organizing Secretary -