

## **GROUP 4 COMMUNITY PROJECT**

The topic of the presentation was success factors in academics. The project was presented on 5<sup>th</sup> July 2022 at 10am in the Assisi hall. The presentation was attended by principal Mr. Binu Chacko, vice principal Mrs. Simi Varghese, head of the department of psychology Mrs. Milu Anto, teachers of psychology department, PhD students, MSc students and 2<sup>nd</sup> year BSc psychology students. The project discussed about the factors that enable students to excel in academics, tips to make an effective study time table and provide better study strategies for students. The project was presented by team members Anagha Jose and Katherin Solomon of 2<sup>nd</sup> year BSc psychology. The presentation was concluded with a live Q and A session. At the end of the presentation, team members shared their experiences and teachers shared their feedback. The presentation ended at 11am.

Team members:

Anagha Jose

Katherin Solomon

Sradha P S

Sooryamsh Sivadas

Aiswarya K M

# BROCHURE



**HOW DO PRAJYOTI TOPPERS REMAIN ON THE TOP?**

Join us on our talk about factors that lead to academic achievement and own the secret to academic success

**WHEN & WHERE**

July 5, 2022 | 9.30AM to 10.30AM  
ASSISI HALL,  
PRAJYOTI NIKETAN COLLEGE

**SUCCESS FACTORS IN ACADEMICS**

A COMMUNITY PROJECT

©GROUP 4



**FEATURING**

- A peek into the study routine and habits of toppers of Prajyoti
- Tips on how to increase your memory, make a study plan and improve your grades.
- Live Q&A session to answer any doubts regarding academic achievement

**An event that helps you to realise and enhance your true potential.**

Group 4 members(2nd year bsc psychology, 2021 -2024)  
Anagha Jose  
Sradha PS  
Katherin Solomon  
Sooryams sivadas  
Aiswarya K M

# GEO TAGGED PHOTOS





Day - 1

How DO PRATYOTI TOPPERS REMAIN ON THE TOP?

Date :- 05/07/2022

PARTICIPANTS

SIGNATURES

1. Akshita
2. Ance
3. Surya
4. Gopika G.S
5. Saufiya Sheerin-M
6. Katherin Soloman
7. Anqd Baiju
8. ~~Ruth~~ Elizabeth PA
9. Agneya L.G
10. Amal Joshi
11. Anjitha E.S
12. Grayathri.K
13. Ashika Cisy Jose
14. Joshni Jobby
15. Manushi Bhaskaran
16. Abhitha B
17. Noel Rose Raju
18. Honey
19. Grayathri S.Neron

- Ashita
- ~~\_\_\_\_\_~~
- Surya
- Gopika
- Sheerin
- Katherin
- Anqd
- Elizabeth
- Agneya
- Amal
- Anjitha
- Grayathri
- Ashika
- Joshni
- Manushi
- Abhitha
- Noel
- Honey
- Grayathri

20 Flomy Maria

21 Aneena Jenson

22 Lena Joy

23 Adhithya A.Y

24 Sivani M.S.

25 Anagha Jose

26. shahana - PH

27 Danila Roy

28 Anson Roy Mathew

29. Sraddha . P. S

30. Abhitha . B

31. Navya . S. pratash

32. SOORYAMS

33. Anjana . k

34. Devananda Umni

35. Gisha Reji

36. Azra Subahani

37. Aiswarya Dileep

38. Nandana K.S

39. Chaithanya CM

40. Steve debastian

41. MARIYA TER'S SHOBY

42. Aiswarya . K.M

43. Sooryams Aditya Premam

44. Malavika Brijesh

Organizing Secretary

~~James~~

~~dl~~

~~u~~

~~Anagha~~  
~~Shahana~~

~~Da~~

~~epijis~~

~~set~~

~~Abhitha~~

~~Navya~~

~~SOORYAMS~~

~~Anjana~~

~~Dev~~

~~Gisha~~

~~Azra~~

~~Aisw~~

~~Nandana~~

~~Chaithanya~~

~~Steve~~

~~Mariya~~

~~Aiswarya~~

~~Aditya~~

~~Sulakshmi~~

SREELAKSHMI

# COMMUNITY PROJECT BY GROUP 1

06 July 2022

PRAJYOTHI NIKETAN COLLEGE

The Community Project presentation of Group1 Members was on 06-07-2022 at 3.00 pm and was held in Psychology lab. The presentation started by 3.00 'O' clock by the introduction of Group members and leader, in the presence of 2<sup>nd</sup> year Psychology students, MSC Students, Teachers, and HOD of Psychology Department. Presentation begun by introducing our topic 'ACADEMIC RESILIENCE ':How has Covid-19 affected student's academics. We discussed about the impact of covid on adolescents, their academics and mental health. And the discussion was continued with group members sharing their personal experiences during surveys and interviews. Finally the presentation ended with query session at 4.00pm.

1/38

## ACADEMIC RESILIENCE

### HOW HAS COVID-19 AFFECTED STUDENT'S ACADEMICS



PRAJYOTHI NIKETAN  
COLLEGE

DEPARTMENT OF PSYCHOLOGY  
IN ASSOCIATION WITH  
DEPARTMENT OF STATISTICS AND  
RESEARCH ETHICS COMMITTEE

BSC PSYCHOLOGY 2021-2024 BATCH

#### WE'LL DISCUSS

- TO UNDERSTAND THE IMPACT OF COVID ON ADOLESCENTS
- TO ANALYZE HOW LOCKDOWN AFFECTED THEIR ACADEMICS
- TO UNDERSTAND STUDENT'S MENTAL HEALTH DURING LOCKDOWN

06-07-2022

3.30 PM

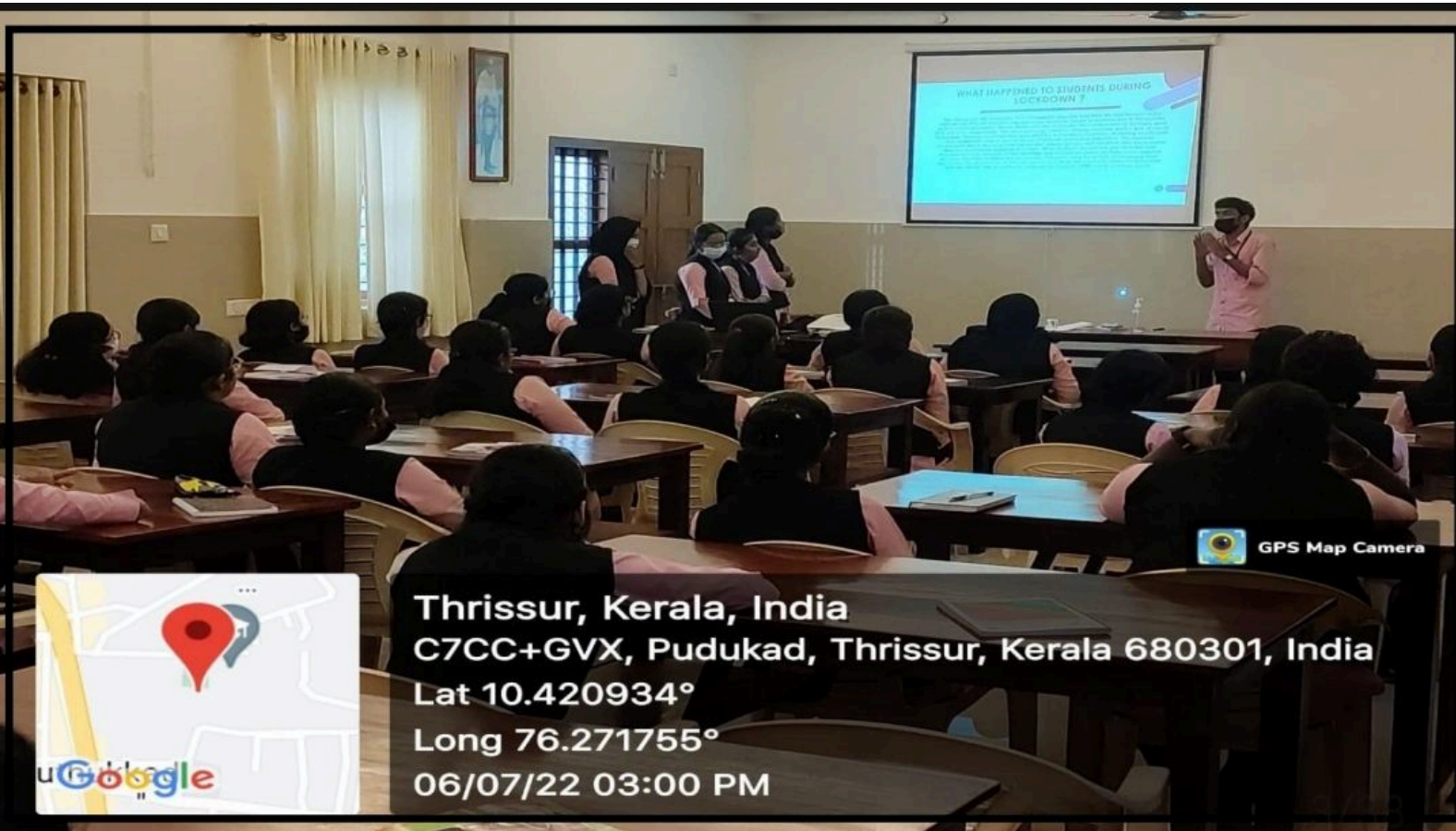
ASSISI HALL

PRESENTED BY  
MEMBERS OF GROUP 1

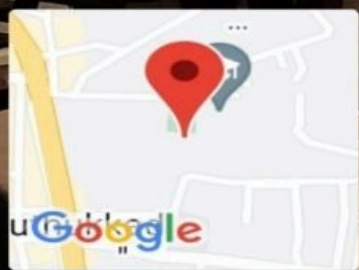
- GOPIKA GS
- AMAL JOSHI
- SAUFIYA SHERIN
- ABITHA B
- ELIZABETH PA

PRESENTATION BROCHURE

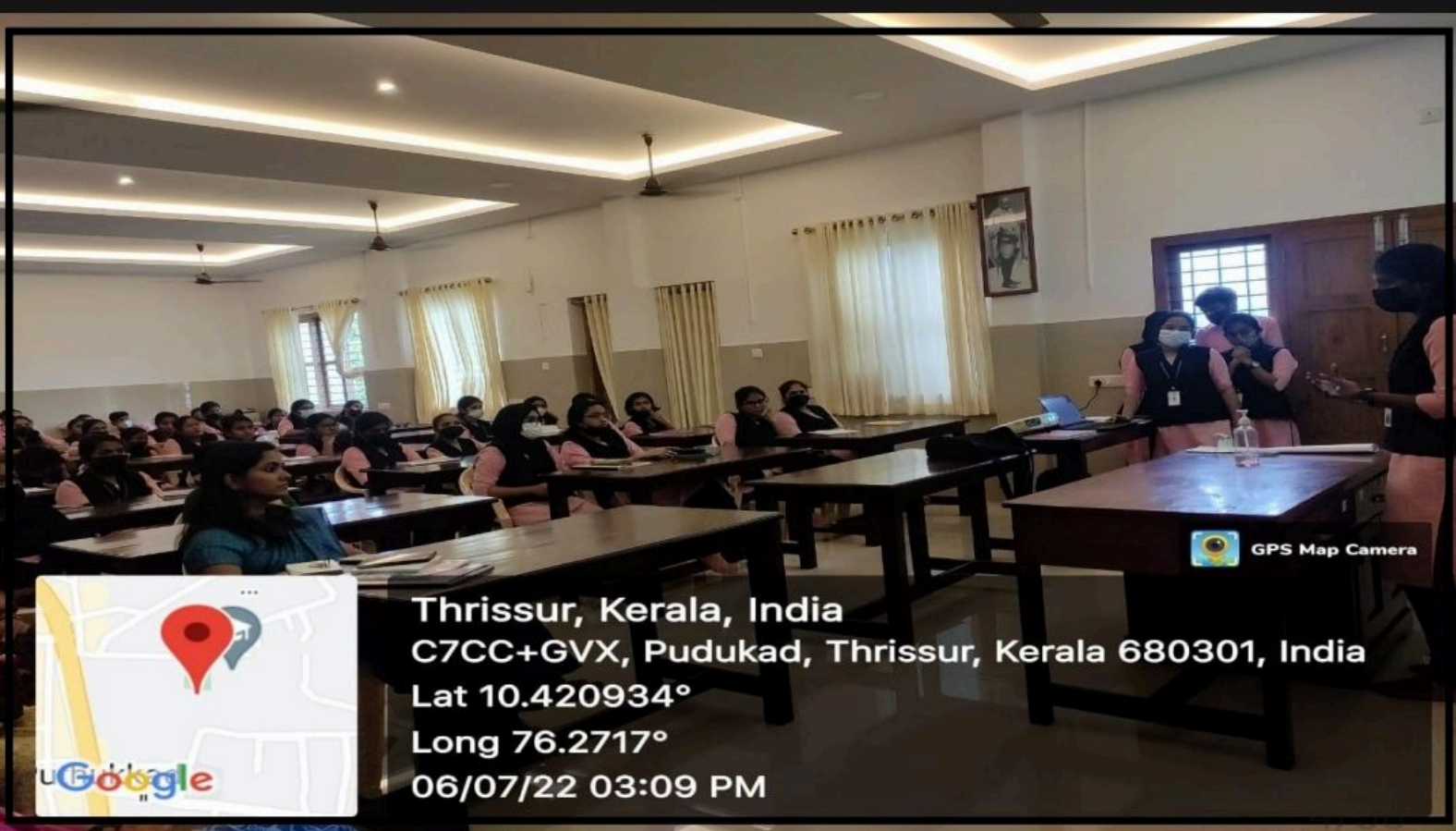
2/38



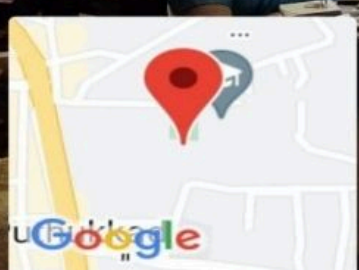
GPS Map Camera



Thrissur, Kerala, India  
C7CC+GVX, Pudukad, Thrissur, Kerala 680301, India  
Lat 10.420934°  
Long 76.271755°  
06/07/22 03:00 PM



GPS Map Camera



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C7CC+GVX, Pudukad, Thrissur, Kerala 680301, India  
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Day-2

Effect of Covid on Academic  
Date :- 06/07/2022

1. Gopika . G.S Gopika
2. Saubhya Shreer M Saubhya
3. Ashika Uisy Jose. Ashika
4. Malavika Brijesh Malavika
5. Anagha Jose Anagha
6. Gisha Reji Gisha
7. Aishwarya Dileep Aishwarya
8. Akshita Shikha Akshita
9. Ance Ance
10. Danila Roy Danila
11. Noel Rose Raju Noel Rose
12. Grayathri . S Menon Grayathri
13. Aneena Jenson Aneena
14. Flomy Mariya Jogi Flomy
15. Lena Joy Lena
16. Nandhana E.S Nandhana
17. Honey Honey
18. Aishwarya . K.M Aishwarya
19. MARIYA TERS SHUBY Mariya

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- 20. Anjitha. E. S
- 21. Gayathri.K
- 22. surya
- 23. Devananda Umni
- 24. Amal Joshi
- 25. STEVE SEBASTIAN
- 26. Anson Roy MATHEW
- 27. Angel Baiju
- 28. Elizabeth PA
- 29. Katherin Solomon
- 30. Shahana P.H.
- 31. Agneya L B
- 32. Anjana. Ajayakumar
- 33. Adhithya AY
- 34. Sivani MS
- 35. Chaithanya C.M
- 36. Azra Subahani

NO BIVOL DO  
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 34/01/20  
 35/01/20  
 36/01/20

Organizing Secretary  
Sulabh

Dr. SREELAKSHMI N.

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# GROUP 5 COMMUNITY PROJECT

## TEAM MEMBERS

- MANUSHI BHASKARAN
- ANJITHA E.S
- DEVANANDHA UNNI
- DANILA ROY
- ANCE MATHEW

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## PRESENTATION REPORT

Name of the event : Community Project Presentation

Date of the event : 7<sup>th</sup> July 2022

Venue: 3<sup>rd</sup> Year Psychology Classroom, Prajyoti Nikethan College

The Community Project Presentation on “Sextortion” organized by Group 5 was conducted on 7<sup>th</sup> July 2022. The presentation followed by further discussion was conducted in 3<sup>rd</sup> year psychology classroom at 3:00 pm. Approximately 100 people were in attendance during the seminar, mainly comprising of students and faculty from the Psychology department .

The seminar commenced by introduction of the topic followed by detailed examination. Later the prevalence, impacts and case studies of “Sextortion” were discussed in detail. The presentation concluded by 4:00 pm after a query session.

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# PRESENTATION BROCHURE



**Topic- SEXTORTION**

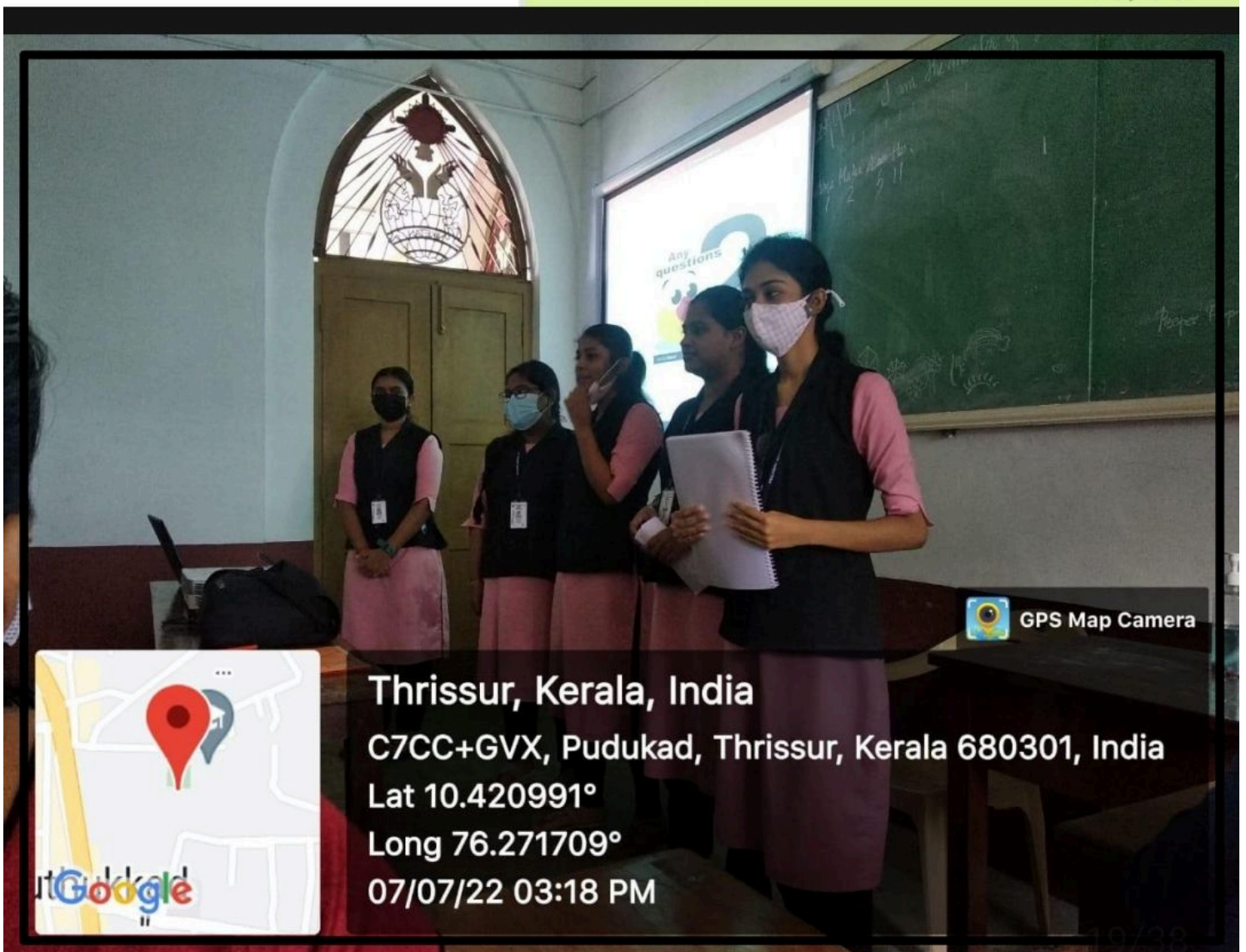
**Venue -Psychology lab,  
Prajyothi Niketan  
college,Pudukad**

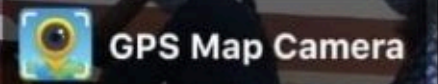
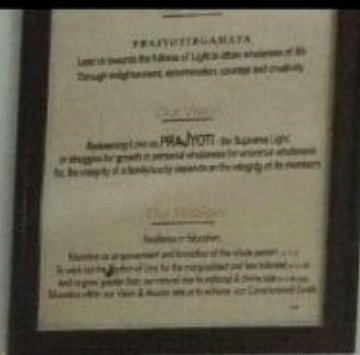
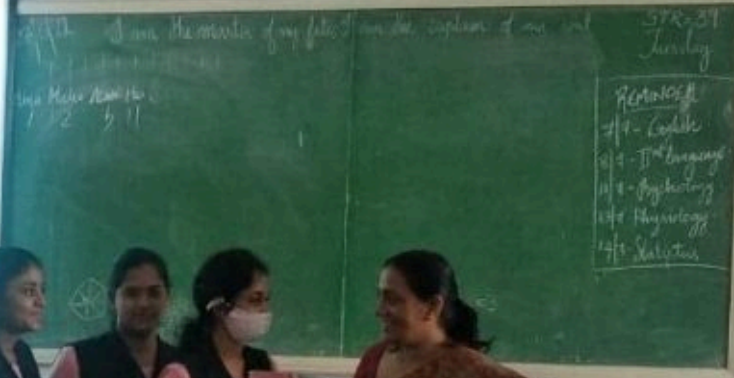
**On 7th July,2022**

**PRESENTED BY:**  
Manushi Bhaskaran  
Anjitha ES  
Devananda Unni  
Danila Roy  
Ance Mathew  
Bsc psychology

2021-2022

18/38





**Thrissur, Kerala, India**  
**C7CC+GVX, Pudukad, Thrissur, Kerala 680301, India**  
**Lat 10.420991°**  
**Long 76.271709°**  
**07/07/22 03:19 PM**

Day - 3

Devaraj Urs

80

# Sextortion

Date :- 07/07/2022

1. Amal Joshi
2. STEVE SEBASTIAN
3. Gopika . G.S
4. Saufiya Sherin M
5. Ashika Cisy Jose
6. Anagha Jose
7. Malavika Bayesh
8. SHAHANA . PH
9. Joshmi Joby
10. Maruya Juss Shoby
11. Nardana . E.S
12. Katherni Solomon
13. Angel Baiya
14. Adhithya M
15. ANEVA I. G
16. Padana Anjana Asav
17. Surya . P
18. Anjana . k
19. Manushi Bhaskaran

*[Handwritten signatures and initials corresponding to the list items]*

20 Devananda Umari

Dev.  
~~Aneena~~

21 Aneena Jenson

22 Honey

23 Noel Rose

24 Aiswarya K.M

25 Gayathri S. Menon

26 Mandana F.S

27 Plomy

28 Kena Joy

29 Sivani M.S

30 Gisha Reji

31 Azra Subahani

32 Danila Roy

33 Akshita

34 Sooryans

35 Aiswarya Dileep

36 Ance Mathew

37 Chaitanya CM

38 Azra Subahani

39 Gisha Reji

Organising Secretary

Sulabh

Dr. Sreelakshmi Menon

# DEALING WITH SOCIAL ANXIETY

Report of project presentation  
GROUP : 8



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## REPORT – GROUP 8 PROJECT PRESENTATION

▪ As a part of community survey based projects the BSc psychology students of 2021-2024 batch conducted a 9 day presentation series .This was conducted in collaboration with the department of psychology and department of statistics and research ethics committee .The project presentation of group 9 was conducted on 8<sup>th</sup> July 2022.This project was based on the topic “ DEALING WITH SOCIAL ANXIETY “.It was conducted at 2<sup>nd</sup> bsc classroom of department of psychology. The head of the department and other teachers of the psychology department was present at the time of presentation. The students of MSc and BSc courses were also present. The presentation started at 11:30 am and lasted till 12:30 .

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Group -8 consists of four members :

Nandhana ES,Chaithanya CM,Anjana Ajaykumar,Angel Baiju. The introduction of the group and brief explanation of the topic was done by Chaithanya CM , the data analysis and discussion by Nandhana E S

and the result also project presentation was concluded by Angel Baiju. After the presentation there was a question and answer session. Many doubts and questions were asked by the students and the teachers.The Q&A session made the presentation more beneficial and effective.The effort made by the group was appreciated by the teachers and audience.The project topic of group 8 about social anxiety among adolescents.The study was conducted through using questionnaire.It was conducted in the age group of 18-21.

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# ABOUT THE PROJECT :

The project topic of group 9 about social anxiety among adolescents. The study was conducted using questionnaire. It was conducted in the age group of 18-21. The project concluded that the percentage of social phobia among the adolescents is mild and moderate. It explained the causes of social phobia and remedies and techniques to reduce the social anxiety disorder.

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# BROCHURE OF PROJECT

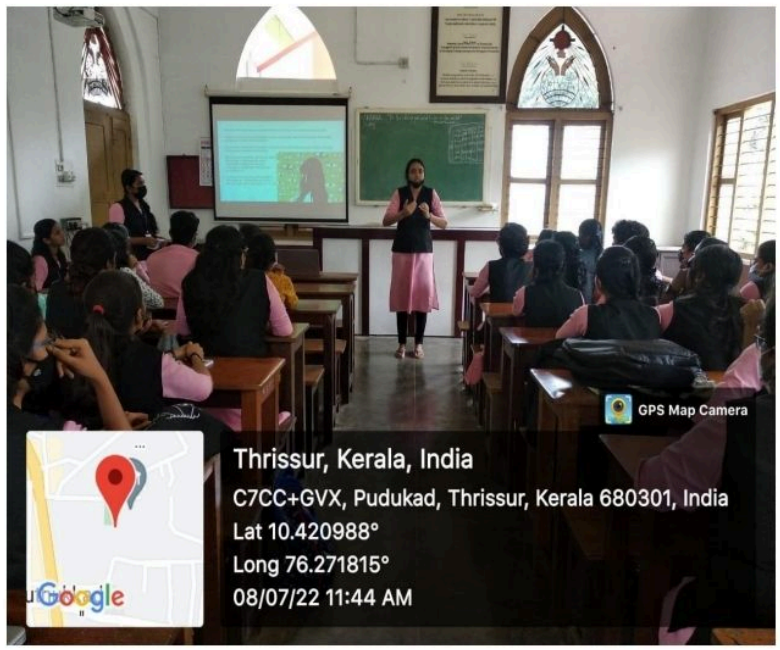


30/38

# IMAGES FROM PROJECT PRESENTATION :

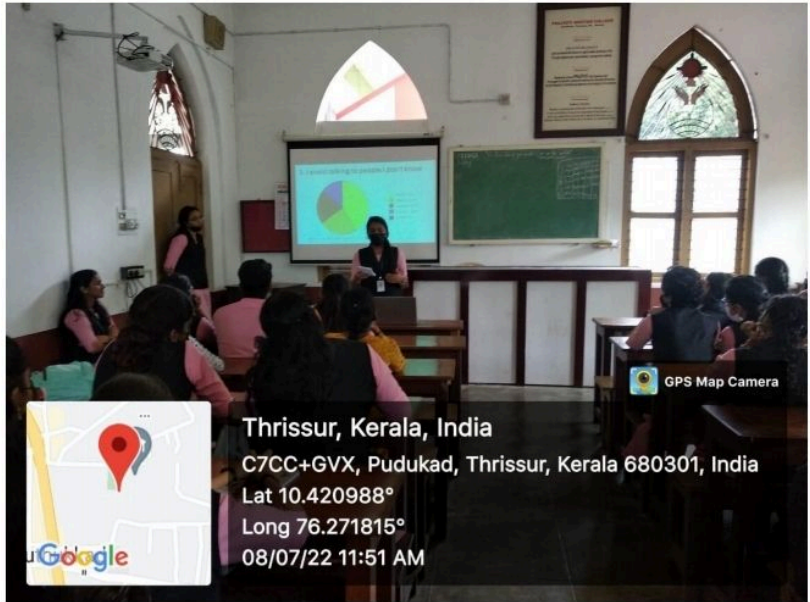


31/38



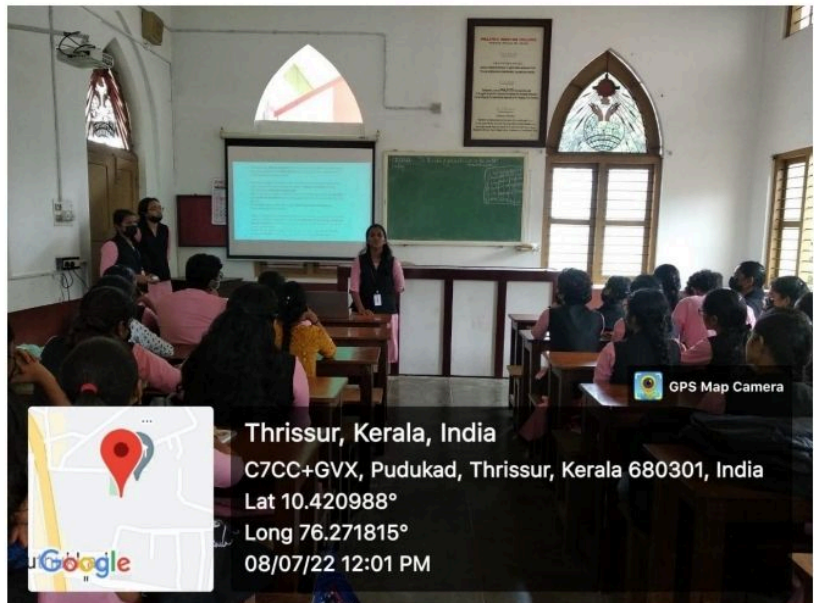
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C7CC+GVX, Pudukad, Thrissur, Kerala 680301, India  
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Long 76.271815°  
08/07/22 11:44 AM

GPS Map Camera



Thrissur, Kerala, India  
C7CC+GVX, Pudukad, Thrissur, Kerala 680301, India  
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Long 76.271815°  
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GPS Map Camera



Thrissur, Kerala, India  
C7CC+GVX, Pudukad, Thrissur, Kerala 680301, India  
Lat 10.420988°  
Long 76.271815°  
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GPS Map Camera

Day 4

Social Anxiety

Date: 08/07/2022

1. Amal Posh
2. STEVE SEBASTIAN
3. Saufya Sherin M
4. Gopika G.S
5. Malavika Bijesh
6. Ashika Goy Jose
7. Anagha Jose
8. SHAHANA PH
9. Katherin Solomon
10. Agnaya I. G
11. Adhithyan AY
12. Anjana Ajay Kumar
13. MARIYA TERS SMOBY
14. Joshni Jobby
15. Manushi Bhaskaran
16. Gisha Reji
17. Akshita
18. Sooryams
19. Ance
20. Aiswarya Diteep

(M) Anantha .18  
 Anas .22  
 Anas .23  
 Anas .24  
 Anas .25  
 Anas .26  
 Anas .27  
 Anas .28  
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 Anas .47  
 Anas .48  
 Anas .49  
 Anas .50

- 21. Chaithanya C.M
- 22. Azra Subahani
- 23. ~~Gista Raju~~ Danila
- 24. Devananda Ummi
- 25. Flomy Mariya Logi
- 26. Lena - Joy

Chhanya  
~~21~~

Dan

Dan

Flomy

Lena

Azra

Flomy

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Noddy

Ab

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Gayathri

~~Flomy~~

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Flomy

- 27. Answarya K.M
- 28. Honey
- 29. Nandana E.S

30. Sivari Mrs

31. Gayathri S. Menas

32. Noel Rose Raju

33. ~~Mala~~ ~~the~~ ~~Bayesh~~

34. Navya

35. Abhitha Baiju

36. Gayathri K

37. SURYA P

38. Anjitha E.S

39. Gopika G.S

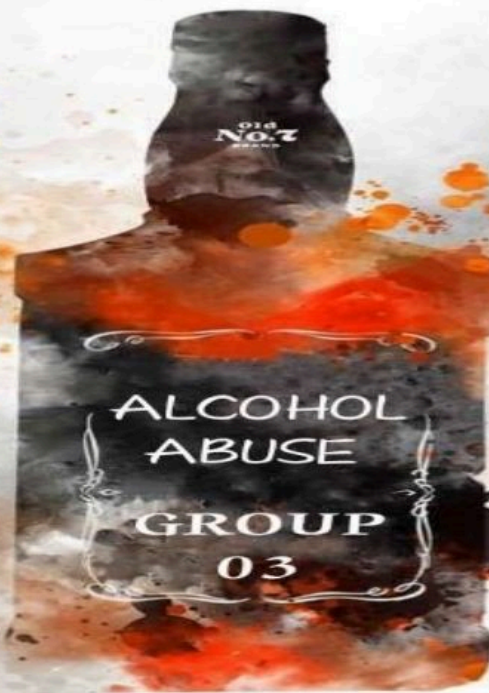
40. ~~Sradha P.S~~

Organizing Secretary

Sulabh

Dr. SREE LAKSHMI

gasti



Jenik

COMMUNITY PROJECT:  
DEPARTMENT OF PSYCHOLOGY IN  
ASSOCIATION WITH DEPARTMENT  
OF STATISTICS AND RESEARCH  
ETHICS COMMITTEE.

## GROUP 3 ALCOHOL ABUSE



ALCOHOLISM



BSC.PSYCHOLOGY  
2021-2024 BATCH  
PRAJYOTI NIKETAN COLLEGE

### MEET THE GROUP



SHAHANA.PH



ANSON ROY



GAYATHRIK



AKSHITA



ADITHYA PREMAN



MENTOR:  
ANDRIYA



PSYCHOLOGY  
DEPARTMENT



3:00 PM

July 11

#### Topics to be discussed :-

- Alcohol
- Alcohol abuse
- Effects of alcohol
- Factors influencing alcohol abuse.
- Journal discussion.
- Techniques to reduce alcoholism: Therapies, etc...

## **SUBJECT LINE:**

### **USE AND ABUSE OF ALCOHOL.**

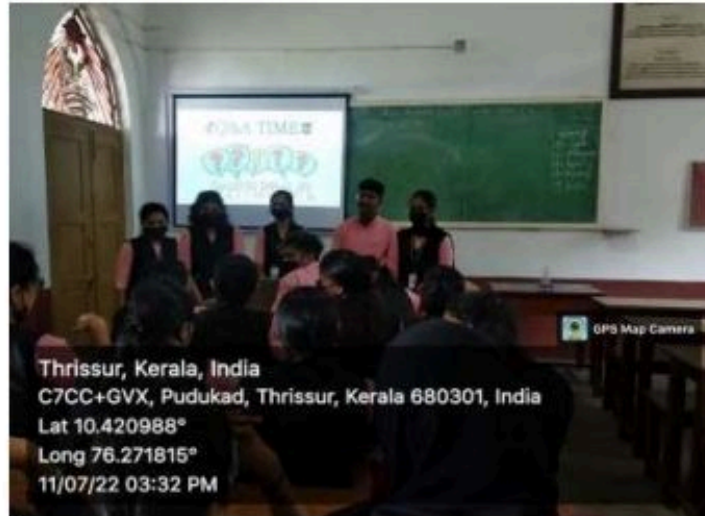
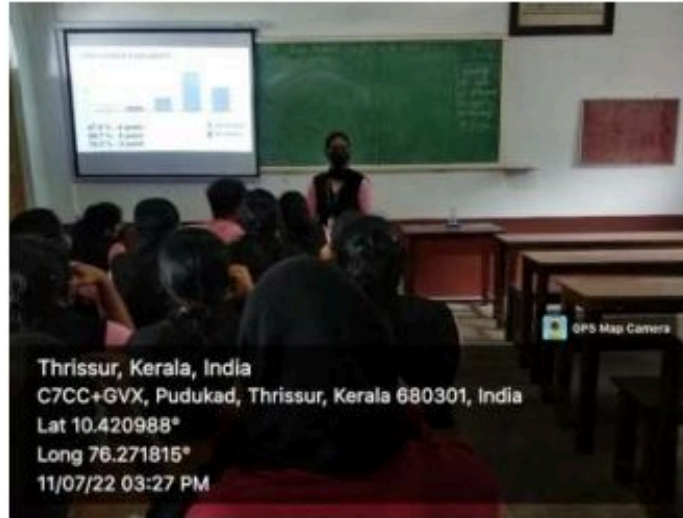
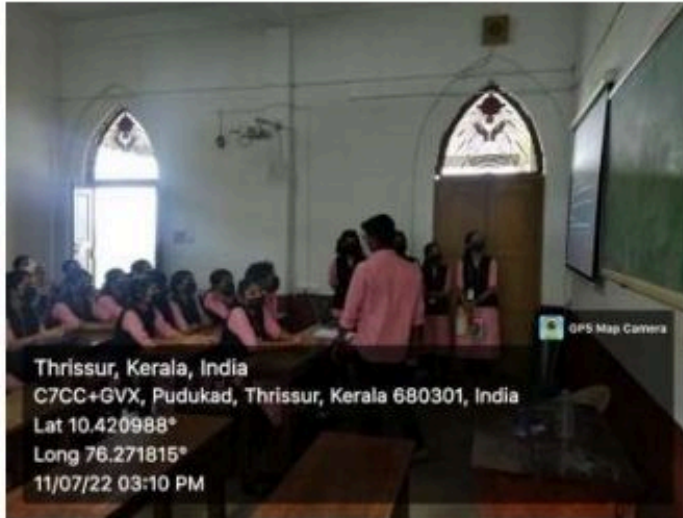
#### **Report**

Group 3 ,The presentation of our group which is the group 3 was conducted on July 11 at evening 3:30pm . The members of our group were Shahana , Anson Roy, Akshita, Gayatri and adhitya preman. Our group mainly focused on use and abuse of alcohol.Our group focused on journals and questionnaires . The questionnaires were conducted using online method . Shahana and Adhitya preman prepared the questions and conducted the questionnaire. Journal analysis was mainly done by Akshita , Gayathri and Anson. The PG student Andriya joshy who was assigned to us as our mentor also provided us with assistance during each step we took . The introduction portion was given to Anson Roy which mainly spoke about the main terms and its effects.

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Akshita spoke on journal analysis which mainly consisted of four main journals . Gayathri mainly discussed on the objective and methodology and Shahana took the take on result and conclusion. Adithya preman took over the technical side and assisted us with the presentation. The presentation lasted for half and hour in the presence of the teachers of psychology department and the students of the psychology department. We extend our heartfelt gratitude towards Dr Milu ma'am ,the head of psychology department and our class teacher Dr Sreelakshmi ma'am for giving us this opportunity.

11/38



Day - 5

11/7/22

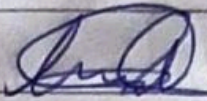
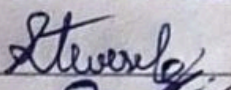
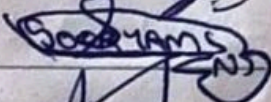
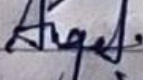

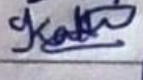
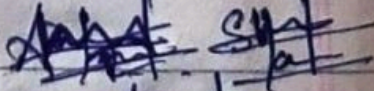
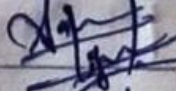
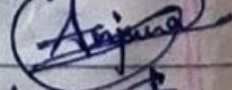

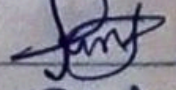



Alcohol Abuse

Time: 2:30 pm

Venue: Department of Psychology

Participants

Signatures

- |                      |   |
|----------------------|---|
| 1. Amal Joshi        |    |
| 2. STEVE SEBASTIAN   |    |
| 3. SOORYAMS          |   |
| 4. Angel Baiju       |  |
| 5. Elizabeth P.A.    |  |
| 6. Katherine Solomon |  |
| 7. Shakana P.H       |  |
| 8. Ananya I.G        |  |
| 9. Anjana Ajaykumar  |  |
| 10. Adithya A.Y      |  |
| 11. SURYA.P          |  |
| 12. Gopika.G.S       |  |
| 13. Sraddha.P.S      |  |
| 14. Adithya Preman   |  |
| 15.                  |   |



- |      |                               |                      |
|------|-------------------------------|----------------------|
| 15.  | Malavika Baijesh              | <del>Sub</del>       |
| 16.  | Ashika Cisy Jose              | <del>Shyri</del>     |
| 17.  | MARIYA TERS SHOBY             | <del>Shanna</del>    |
| 18.  | Anagha Jose                   | <del>Maglio</del>    |
| 19.  | Damila Roy                    | <del>Da</del>        |
| 20.  | Jeshmi Jobby                  | <del>Jk</del>        |
| 21.  | Mamushi Bhaskaran             | <del>Mu</del>        |
| 22.  | Chaitanya <del>Harsh</del> CM | <del>Chanya</del>    |
| 23)  | Gisha Reji                    | <del>Gi</del>        |
| 24)  | Azra Subahani                 | <del>Az</del>        |
| 25)  | Akshata Shibu                 | <del>Ashu</del>      |
| 26)  | <del>Davita Roy</del>         |                      |
| 27)  | Aiswarya Dileep               | <del>Ay</del>        |
| (27) | Lena Jay                      | <del>Lena</del>      |
| 28.  | Flomy maria Jogy              | <del>Flomy</del>     |
| 29   | Ashtha B                      | <del>Ashtha</del>    |
| 30   | Nanya                         | <del>Nany</del>      |
| 31.  | Nandana F.S                   | <del>Nandana</del>   |
| 32   | Honey                         | <del>Honey</del>     |
| 33   | Aiswarya KM                   | <del>Aiswarya</del>  |
| 34   | Noel Rose Raju                | <del>Noel</del>      |
| 35   | Gayathris S. Neer             | <del>Gayathris</del> |
| 36   | Sivani M.S                    | <del>Sivani</del>    |
| 37   | Gayathri S. Menka             | <del>Gayathri</del>  |

37 Aneena Jenson

38 Anson

39. Sautiya Sheen

Organizing Secretary  
Sreelakshmi

Dr. SREELAKSHMI N

~~Accepted~~

Accepted

Sreelakshmi

## Brochure of the presentation

**Prajyoti Niketan  
College, Pudukad.**

Organized by  
Department of  
Psychology in association  
with department of  
statistics and research  
ethics committee

**PARENT-CHILD  
RELATIONSHIP  
AND ACADEMIC  
PERFORMANCE**

Date:14/07/2022

BSc. Psychology  
2021-2024 batch  
Presented by: Group 9  
Ashika, Agneya, Anjana,  
Azra, Sivani, Steve

**Topics to be discussed:**

- Parental engagement in student's academics.
- Parenting styles.
- How to improve parent-child relationship.

# Report – Group- 9 Project Presentation

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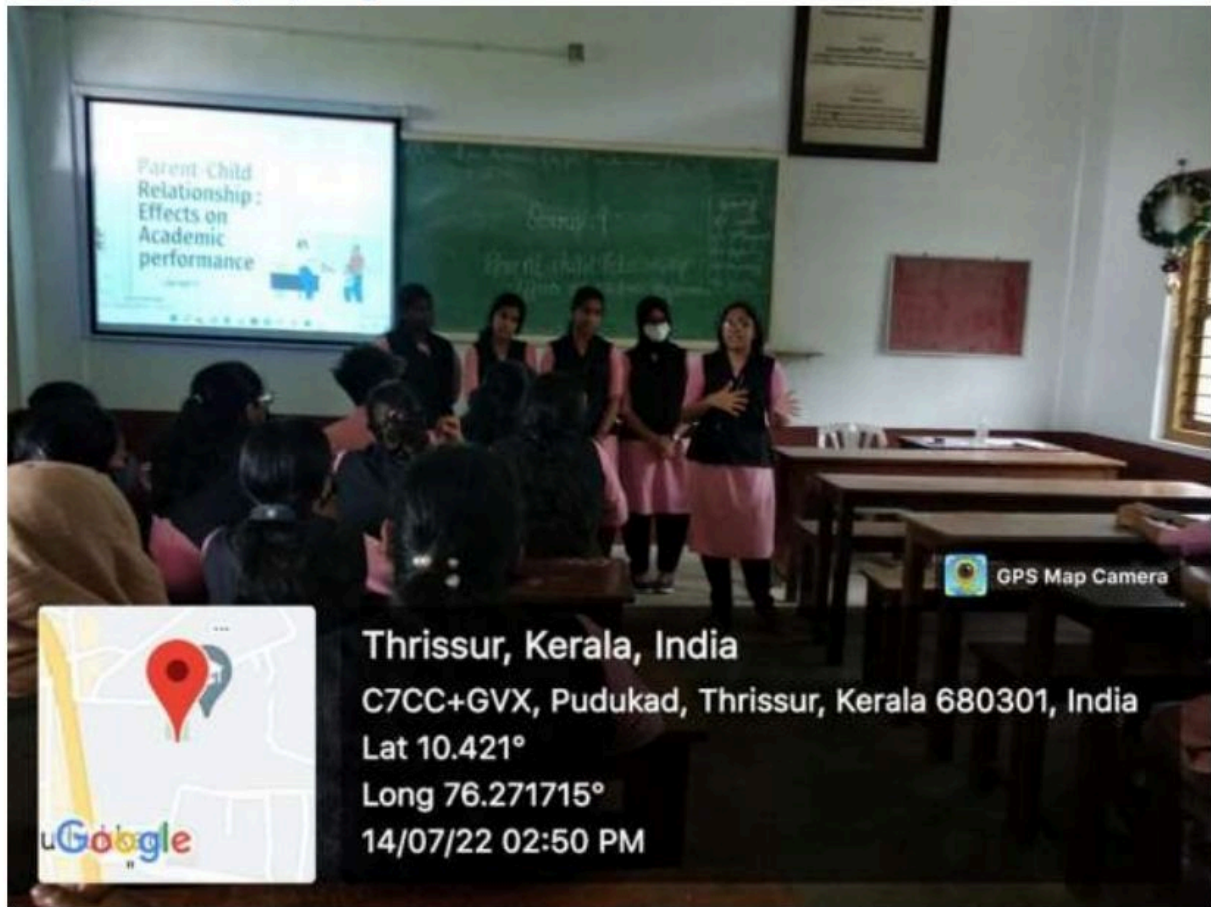
As a part of community survey based projects the BSc psychology students of 2021-2024 batch conducted a 9 day presentation series .This was conducted in collaboration with the department of psychology and department of statistics and research ethics committee .The project presentation of group 9 was conducted on 14<sup>th</sup> July 2022.This project was based on the topic **parent –child relationship and its effects on academic performance** .it was conducted at one of the classrooms in the department of psychology. The head of the department and other teachers of the psychology department was present at the time of presentation. The research scholars and students of MSc and BSc courses were also present. The presentation started at 3.00pm and lasted till 4.00pm.

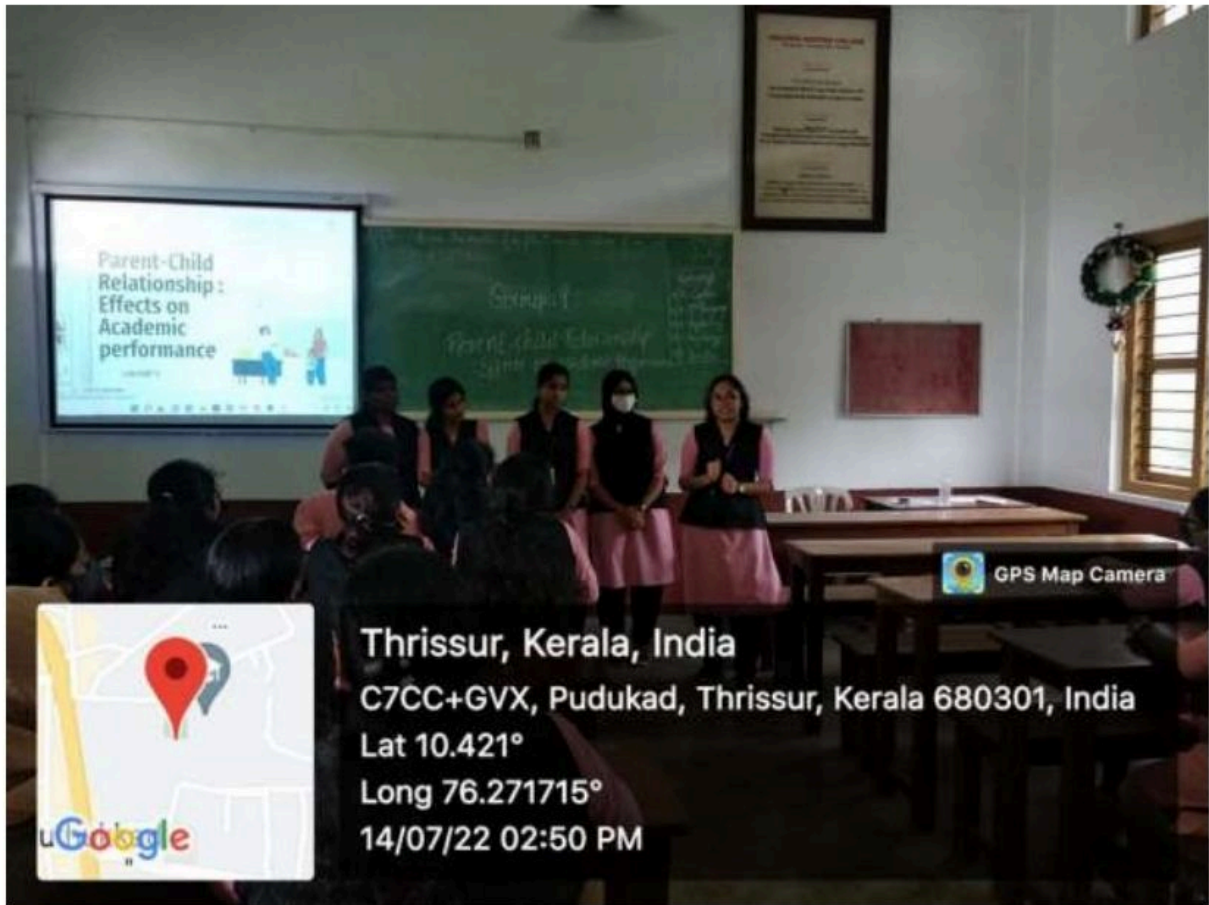
Group -9 consists of six members namely Ashika Cisy Jose, Steve Sebastian, Anjana .K.,Azra Subahani, Agneya I.G ,and Sivani M.S. The introduction of the group and the topic was done by Ashika Cisy Jose, the brief explanation of the project was done by Azra Subahani,the data analysis , result and discussion was explained by Anjana .K ,the implications were given by Agneya I.G and the project presentation was conclude by Sivani M.S. After the presentation there was a question and answer session. Many doubts and questions were asked by the students and the teachers. The group also received many advices on how to improve their work and in how many more ways they could reach more accurate conclusion for the topic. The effort made by the group was appreciated by the teachers and research scholars.

## About the project

The project topic of group 9 is the **parent – child relationship and the effects on academic performance**.The group project tells us how the relationship between the parents and the children could affect the academic performance of the children. The study was conducted through two questionnaires which gave the information about the type of parent they had and their academic performances. The study was conducted in the age group of 16-21. This age group was selected because of the pressure and other problems they face were much easier to study and understand. The relationship between the parent – child relation and academic performance was calculated through correlation .From the study it was clear that the parent child relationship had a great correlation to academic performance. The study also showed which kind of parenting the children currently have and which type they agree with. The study showed that the majority had authoritative type of parenting and the students were also greatly satisfied with this type of parenting. The study also showed some common problems that could create problems in the parent and child relationships. The study was very useful and informative for both parents and children. The study also suggested many simple methods to reduce the problems in the parent –child relationship.

## Images from project presentation





Presentation report submitted by group 9 .

Day - 7

§

Parent-child § relationship and effect on Academic Performance.

Date - 14 - 07 - 2022 .

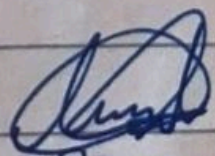
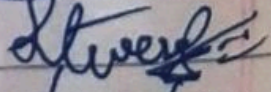
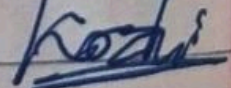
Time :- 3.00 pm .

Venue :- Department of Psychology

Participants

Signature

1. Amal Joshi
2. Steve SEBASTIAN
3. Anson Roy Mathew

- |     |                    |                      |
|-----|--------------------|----------------------|
| 4.  | Katherine Solomon  | <del>Katherine</del> |
| 5.  | Adithya A V        | <del>Adithya</del>   |
| 6.  | Anjana. Ajayakumar | <del>Anjana</del>    |
| 7.  | Agnija I. N        | <del>Anuja</del>     |
| 8.  | Shahana            | <del>Shahana</del>   |
| 9.  | Elizebath. p. A    | <del>Eliza</del>     |
| 10. | Angel baiju        | <del>Thangu</del>    |
| 11. | Uyathra. K         | <del>Uyathra</del>   |
| 12. | Anjana. k          | <del>Anjana</del>    |
| 13. | Adithya Preman     | <del>Adithya</del>   |
| 14. | Anjitha. E. S      | <del>Anjitha</del>   |
| 15. | Girika Reji        | <del>Girika</del>    |
| 16. | Danila Roy         | <del>Danila</del>    |
| 17. | Azra Subahani      | <del>Azra</del>      |
| 18. | Chaitanya CM       | <del>Chaitanya</del> |
| 19. | Ashika Subu        | <del>Ashika</del>    |
| 20. | Surya P            | <del>Surya</del>     |
| 21. | Melanka Baijesh    | <del>Melanka</del>   |
| 22. | Nanya. S Prakash   | <del>Nanya</del>     |
| 23. | Abhitha Baiju      | <del>Abhitha</del>   |
| 24. | Gopika. G. S       | <del>Gopika</del>    |
| 25. | Shadha. P S        | <del>Shadha</del>    |



- |     |                   |                     |
|-----|-------------------|---------------------|
| 26. | Ashika Aisy Jose  | <del>Lot</del>      |
| 27. | Anagha Jose.      | <del>De</del>       |
| 28. | Devananda Umni    | <del>De</del>       |
| 29. | Flomy Maniya Jogi | <del>Home</del>     |
| 30. | Lena Jogi         | <del>Lena</del>     |
| 31. | Sivani            | <del>Su</del>       |
| 32. | Nandana. K.S      | <del>De</del>       |
| 33. | Honey.            | <del>De</del>       |
| 34. | Noel Rose Raju    | <del>Nach</del>     |
| 35. | Aishwarya K.M     | <del>Al</del>       |
| 36. | Aneera Jenson     | <del>Aneera</del>   |
| 37. | SOORYAMS          | <del>SOORYAMS</del> |
| 38. | Sambija Sherin M  | <del>Su</del>       |
| 39. | Manushi Bhaskaran | <del>De</del>       |
| 40. | Maaiya Tera       | <del>De</del>       |
| 41. | Jeshmi            | <del>De</del>       |
| 42. |                   |                     |

Organizing Secretary

Suh

DA SREELAKSHMI N

# PROJECT REPORT

## Toxicity and violence in romantic relations

By group 7

Members: Malavika, surya , Gayathri, Aneena and Flommy

The community project presentation was an innovative idea proposed and developed by the psychology department of PRAJYOTHI NIKETAN COLLEGE. This project aims at providing service to the community in the context of psychology.

### PROJECT GOAL AND RESEARCH METHOD

The project goals were to analyse the factors behind increasing violent behaviours in relationships and the impact of toxic relationships in mental health of an individual.

The research method we adopted was content analysis. We studied about 27 cases from sources like newspapers and medias. The common behaviours of violence and other pre attacking behaviours were observed.



PROJECT  
PRESENTATION  
**TOXICITY  
& VIOLENCE IN  
RELATIONSHIP**

» An analysis on the cases of physical and psychological violence & abuse in romantic relations  
» join us to discuss the impact of toxic relations on the mental health of the individuals

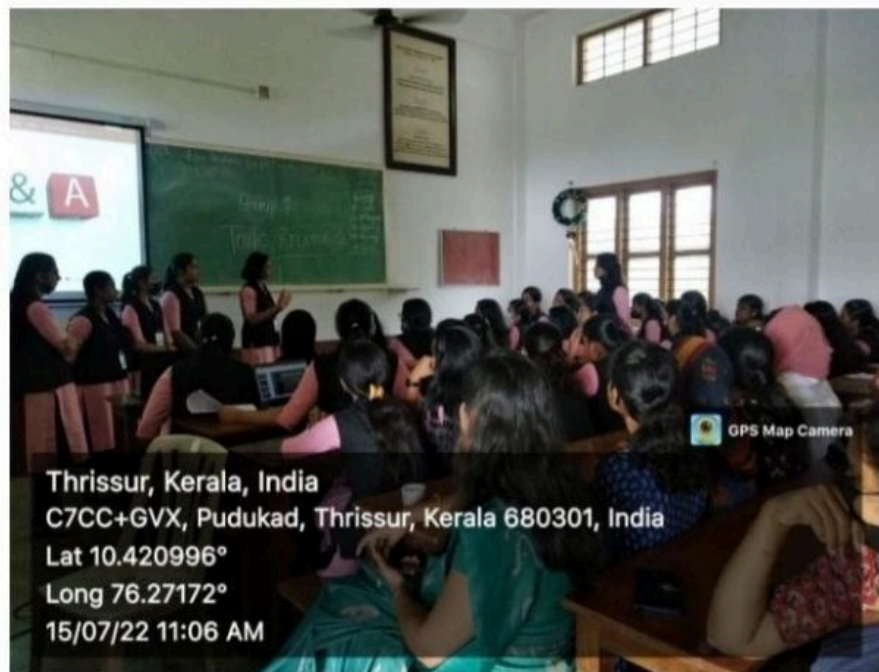
**Group7**  
2nd year Bsc Psychology ,2021 -24

**Members**  
MALAVIKA  
ANEENA  
SURYA  
GAYATHRI S  
FLOMY

Organized by department  
of psychology  
Prajyoti niketan college,  
pudukkad  
**Date:13/07/22**  
Time: 3.30pm-4pm  
Prajyoti niketan  
college

## **CONCLUSION**

The project concluded with discussing the importance of healthy relationships . The emphasis was also on the need of psychological help to treat obsessive and aggressive behaviours.



# Group 2

## Community project report

### Team members

- Aiswarya dileep
- Joshmi Joby
- Navy S Prakash
- Adithya .A.Y

### Presentation report

- Name of the event: community project presentation
- Date of the event: 15<sup>th</sup> July 2022
- Venue: 3rd-year psychology classroom, prajoti Niketan college

A 9-day series presentation on community survey-based projects was conducted by the department of psychology in association with the department of statistics and research and ethics committee in prajoti Niketan college, pudukad.

This program lasted from 5<sup>th</sup> July to 15<sup>th</sup> July 2022. This was a great opportunity handed to the 2<sup>nd</sup> year BSc psychology students for widening their knowledge about conducting research in a systematic manner. The group 2 presentation was conducted on 15<sup>th</sup> July 2022, on the topic Goal Setting: concerns and considerations among teenagers. Approximate 50 people were in attendance during the seminar, mainly comprised of students and faculty from the psychology department.

The research was done through telephonic interviews comprising of 12 semi structured questions, which lead the team to find some

major concerns and factors affecting the goal direction. a detailed discussion was done on the topic

The team concluded the presentations with experience sharing done by the group members. the presentation concluded by 12.30 pm.

## PRESENTATION BROCHURE

**GOAL SETTING  
MAKE IT EASY**

- **FACTORS INFLUENCING CAREER GOAL SETTING**
- **EFFECTIVE METHODS TO ENHANCE GOAL SETTING**
- **BARRIERS OF GOAL SETTING.**

**GROUP 2**

@prajyoti niketan college  
psychology department  
15th july 2022

Group members  
◦ Joshmi joshy  
◦ Aiswarya Dileep  
◦ Adhithya A.Y  
◦ Navya S prakash

**ALL ARE INVITED..**



Thrissur, Kerala, India  
C7CC+GVX, Pudukad, Thrissur, Kerala 680301, India  
Lat 10.420996°  
Long 76.27172°  
15/07/22 11:15 AM



Thrissur, Kerala, India  
C7CC+GVX, Pudukad, Thrissur, Kerala 680301, India  
Lat 10.420996°  
Long 76.27172°  
15/07/22 11:15 AM

Day - 8

Toxicity & Violence in Romantic Relationships

Group 7

Career goal setting: concerns and considerations among teenagers.

Group 2

Date - 15/7/2022

Time - 3:30

Venue - Department of Psychology

Participants

- 1 Elizabeth PA
- 2 Angel baiju
- 3 Agnya I. C
- 4 Anjana. Ajayakumar
- 5 Adithya. A.Y
- 6 Anson Roy

Signature

*[Handwritten signatures]*

*[Signature]*

*[Signature]*

*[Signature]*

*[Signature]*

*[Signature]*

*[Signature]*



- | X             |                             | Signature            |
|---------------|-----------------------------|----------------------|
| 7             | Akshita                     | <del>Signature</del> |
| 8             | Ance Mathew                 | <del>Signature</del> |
| 9             | Danila Roy                  | <del>Signature</del> |
| 10            | Steve Sebastian             | <del>Signature</del> |
| 11            | Soubhams <del>AS</del>      | <del>Signature</del> |
| 12            | Anjuna K                    | <del>Signature</del> |
| 13            | Gayathri K                  | <del>Signature</del> |
| 14            | Sruya P                     | <del>Signature</del> |
| 15            | Melanka Bayesh              | <del>Signature</del> |
| 16            | Abhitha Baijs               | <del>Signature</del> |
| 17            | Navya C. prakash            | <del>Signature</del> |
| 18            | Gayathri S. menon           | <del>Signature</del> |
| 19            | Anena Jensen                | <del>Signature</del> |
| 20            | Noel Rose Raju              | <del>Signature</del> |
| 21            | Aiswarya K.M                | <del>Signature</del> |
| <del>22</del> | <del>Lena Joy</del>         |                      |
| 21            | Plomy Mariya Jogi           | <del>Signature</del> |
| 22            | Sivani M.S                  | <del>Signature</del> |
| 23            | Honey                       | <del>Signature</del> |
| 24            | Lena Joy                    | <del>Signature</del> |
| 25            | Devananda Umni <sup>a</sup> | <del>Signature</del> |
| 26            | Geopika G.S                 | <del>Signature</del> |

27 Ashika Cisy Jose

28 Saufiya Sheikh

29. Anagha Jose

30. Sraddha.P.S

Organizing Secretary  
Sulh

Dr. SREELAKSHMI N.

~~Saufiya~~  
~~Anagha~~  
~~Sraddha~~