



# Prajyoti Niketan College, Pudukad

Govt. Aided & Affiliated to the University of Calicut  
Reaccredited with 'A' Grade by NAAC  
[www.prajyotinetan.edu.in](http://www.prajyotinetan.edu.in)

**Postgraduate & Research  
Department of Clinical Psychology**

Organizes

## Two-Day National Seminar

**RECENT TRENDS &  
CHALLENGES IN  
MENTAL  
HEALTH  
PROFESSION**

**JANUARY 10 & 11, 2024**

**COLLEGE AUDITORIUM**



Keynote Speaker

**DR BHASI SUKUMARAN**

Prof. & HOD, Department of Clinical Psychology,  
SRM Institute of Science & Technology

**Founder Director & Manager**

Rev. Fr. Dr. Harshajan  
Pazhayattil, OFM Cap.

**Principal**

Dr Binu P Chacko

**Organizing Secretary**

**& HOD**

Dr Milu Maria Anto



**Prajyoti Niketan College** was established by Rev. Fr. Dr. Harshajan Pazhayattil, OFM Cap. in 1995, with the motto: Education as formation of the whole person. It is an aided college, affiliated to the University of Calicut and is reaccredited by NAAC with 'A' Grade.

The Department of Psychology was established in 1995, with the B.Sc. Psychology course, which was regarded as the pioneer department in this field under the University of Calicut. MSc. Clinical Psychology as a unique professional course was established for the first time under the University of Calicut in 2001. The Department was recognized as a Research Centre under the University of Calicut in the year 2017. The Department has always provided excellent training for the professional development of students and consistently ranked as a top department in the nation because of the excellence of the program and the commitment of our faculty and students.

## **Organizing Committee**

Dr Nice Mary Francis P

Dr Soumya Starlet C T

Dr Sukanya B Menon

Dr Jaya A T

Ms Sreelakshmi M N

Dr Sreelakshmi N

Ms Midhu K Johnson

## **Student Coordinators**

Ms Akifah Jamsheed Hamza

Ms Shahana P H

# Guests & Speakers

## DR P A BABY SHARI

Professor, Department of Psychology  
Calicut University



## DR S V SUBRAMANIAN

Senior Consultant, Government Mental Health Centre, Thrissur

## DR DEVI SOUMYAJA

Assistant Professor, School of Management Studies  
CUSAT



## MS NITHA THOMAS

Consultant Clinical Psychologist, Mangaluru

# PANELISTS

## Clinical Psychologists



**Dr Vidya K Nidhi**  
Daya Hospital  
Thrissur



**Ms Nimmy Michel**  
Pschy  
Calicut



**Ms Sharikka Sham**  
Consultant CP  
Fort Cochin



**Ms Sreelakshmi ES**  
Consultant CP  
Connect & Restore



**Ms Sruthi Annie V**  
Consultant CP  
Ernakulam



## MODERATOR

### Dr. Sowmya K. Sukumaran

Government Mental Health Centre  
Kuthiravattom, Calicut

# Programme Schedule

## DAY 1 - JANUARY 10, 2024

- 0800 am to 09:30 am**      **Registration**
- 09:30 am to 10:45 am**      **Inaugural Function**
- 10:45 am to 11:00 am**      **Tea Break**
- 11:00 am to 12:30 pm**      **Keynote Address by Dr Bhasi Sukumaran**
- 12:30 pm to 01:00 pm**      **Lunch Break**
- 01:00 pm to 02:00 pm**      **Session by Dr P A Baby Shari**  
**Need for Transformative Pedagogy to Address the Gaps  
in Higher Education Curriculum in Psychology**
- 02:00 pm to 03:00 pm**      **Session by Dr S V Subramanian.**  
**Artificial Intelligence in Mental Health:  
A Psychiatric Perspective**
- 03:00 pm to 03:15 pm**      **Tea Break**
- 03:15 pm to 4:30 pm**      **Paper Presentations**



## DAY 2 - JANUARY 11, 2024

- 09:30 am to 10:30 am**      **Session by Dr Devi Soumyaja**  
**Contemporary Trends & Scope of  
Organizational Psychology**
- 10:30 am to 10:45 am**      **Tea Break**
- 10:45 am to 11:45 pm**      **Session by Ms Nitha Thomas**  
**Supervision in Psychotherapy: Models & Experience**
- 11:45 pm to 12:30 pm**      **Paper Presentations**
- 12:30 pm to 01:00 pm**      **Lunch Break**
- 01:00 pm to 02:30 pm**      **Panel Discussion: Recent Trends & Challenges in  
Psychotherapy**
- 02:30 pm to 02:45 pm**      **Tea Break**
- 02:45 pm to 03:30 pm**      **Valedictory Function**

# Call for Research Papers

Submission Dates  
Abstract - December 15, 2023  
Full paper - December 31, 2023

## Contests

- > Video-Making  
(Max. 5 minutes)
- > E-Poster

Submission Deadline:  
December 31, 2023

## Theme for Contests

Mental Health is a Universal  
Human Right

## Participation Fees:

- > Students : ₹800
- > Research  
Scholars : ₹1000
- > Professionals: ₹1500

Submit your abstracts & entries to:  
[psychology@prajyotiniketan.edu.in](mailto:psychology@prajyotiniketan.edu.in)



Gpay to:  
9447622044  
or scan QR code

After payment, send a screenshot  
to the given number.

Incase of queries:  
9447622044  
9562072250

# Rules & Regulations for the Contests

## Video-Making Contest

1. The video should strictly adhere to the theme "Mental Health is a Universal Human Right". The video can include shortfilms, documentaries, etc.
2. The duration of the video should not exceed 5 minutes (including title and credits).
3. The video can be in English or any Indian language with English subtitles.
4. The winning video will receive a prize and will also be shown during the valedictory function.
5. The video should also include the title and credits (Name of actors, directors, camera, editing etc. as well as the name of institution).
6. Videos submitted after 31st December 2023 will not be considered.
7. The decision of the jury will be final and the jury also has the right to disqualify any videos if the above mentioned rules are not followed.

## E-Poster Contest

1. The poster should strictly adhere to the theme "Mental Health is a Universal Human Right".
2. The posters should be E- posters and can include digital art, photographs etc. Hand drawn posters will not be entertained.
3. The poster should be in English language.
4. The winning poster will receive a prize and will also be shown during the valedictory function.
5. The posters should be submitted as a PDF document.
6. Posters submitted after 31st December 2023 will not be considered.
7. The jury's decision will be final and the jury also has the right to disqualify any posters if the above mentioned rules are not followed.